



The HOPE Coalition

Humboldt Organized for Peace & the Environment

"Working in partnership toward the development of a diverse, just, & sustainable community."

Calendar of Happenings in Humboldt County Inside Newsletter Editorial Page – Nov. 22, 2011

The First Amendment Upside Down: Why We Must Occupy Democracy

By Robert Reich, www.robertreich.org/

See Page 4 for local action on Saturday the 26th. Be there if you can.

You've been seeing this across the country ... Americans assaulted, clubbed, dragged, pepper-sprayed ... Why? For exercising their right to free speech and assembly—protesting the increasing concentration of income, wealth, and political power at the top.

And what's Washington's response? Nothing. In fact, Congress's so-called "supercommittee" just disbanded because Republicans refuse to raise a penny of taxes on the rich.

Meanwhile, the Supreme Court says money is speech and corporations are people. The Supreme Court's Citizens United decision last year ended all limits on political spending. Millions of dollars are being funneled to politicians without a trace.

And a revolving door has developed between official Washington and Wall Street—with bank executives becoming public officials who make rules that benefit the banks before heading back to the Street to make money off the rules they created.

Other top officials, including an increasing proportion of former members of congress, are cashing in by joining lobbying power houses and pressuring their former colleagues to do whatever their clients want.

Millionaires and billionaires on Wall Street and in executive suites aren't contributing all this money out of sheer love of country. Their political spending is analogous to their other investments. Mostly they want low tax rates and friendly regulations.

Why else do you suppose tax rates on the super rich are now lower than they've been in three decades, and why—even though the long-term budget deficit is horrendous—aren't those rates rising? Why else do the 400 richest Americans (whose wealth is larger than the combined wealth of the bottom 150 million Americans) now pay an average tax rate of only 17 percent?

Why do you think Wall Street got bailed without a single string attached—not even being required to help homeowners to whom they sold mortgages, who are now so far under water they're drowning? And why does the financial reform legislation have loopholes big enough for bankers to drive their Ferraris through?

And why else are oil companies, big agribusinesses, military contractors, and the pharmaceutical industry reaping billions of dollars of government subsidies and special tax breaks?

Experts say the 2012 presidential race is likely to be the priciest ever, costing an estimated \$6 billion. "It is far worse than it has ever been," says Republican Senator John McCain.

If there's a single core message to the Occupier movement it's that the increasing concentration of income and wealth at the top endangers our democracy. With money comes political power.

Yet when real people without money assemble to express their dissatisfaction with all this, they're told the First Amendment doesn't apply. Instead, they're treated as public nuisances—clubbed, pepper-sprayed, thrown out of public parks, and evicted from public spaces.

Across America, public officials are saying Occupiers have to go. Even in universities—where free speech is supposed to be sacrosanct—peaceful assembly is being met with clubs and pepper spray.

The First Amendment is being stood on its head. Money speaks, and an unlimited amount of it can now be spent bribing and cajoling politicians. Yet peaceful assembly is viewed as a public nuisance and removed by force.

This is especially worrisome now that so many Americans are in economic trouble. The jobs recession grinds on, seemingly without end. Homes are being foreclosed upon. Qualified students cannot afford college. Or they're forced to take on huge debt loads they can't repay in a jobless economy. Schools are firing teachers. Vital social services are being axed.

How are Americans to be heard about what should be done about any of this if they are not allowed to mobilize and organize? When the freedom of speech goes to the highest bidder, moneyed interests have a disproportionate say.

Now more than ever, the First Amendment needs to be put right side up. Nothing less than the future of our democracy is at stake.

[All opinions in editorials, action items, & calendar items are those of the writers, submitters, and involved organizations; and not necessarily the opinions of the HOPE Coalition or its volunteers. HOPE will consider rebuttal editorials from the progressive viewpoint.]

ENTERTAINMENT, CELEBRATIONS, & CULTURE

- Thursday, November 24: Annual Community Thanksgiving Meal.** Free dinner for all (turkey and vegetarian options) served from noon - 3 pm at the Arcata Veteran's Hall, 14th and J St. in Arcata. Food for dogs, too. The Arcata Interfaith Gospel Choir performs at 11:30 am. Please call to volunteer or donate; specific foods may be requested. Info: Alicia at 825-0440.
- Friday, November 25: Buy Nothing Day,** an informal day of protest against consumerism observed by social activists, traditionally observed on the day after Thanksgiving, one of the 10 busiest shopping days of the year.
- Friday and Saturday, November 25 and 26: The Blue Ox Craftsman's Days: Living History and Artisan Faire** featuring traditional artisans from around the area as they set up shop, display their wares, and interact with the public. Blue Ox Millworks, 1 X St, Eureka. Info: 444-3437 or www.blueoxmill.com.
- Friday, November 25 through Sunday, December 18: Dell'Arte's Holiday Show "The Nutcaper,"** a zany take on the Nutcracker. The show will be performed at a variety of free venues around the county. Bring a non-perishable food donation. Tour dates, times, and locations: 668-5663 or www.dellarte.com.
- Sunday, November 27: Senior Sunday at the Morris Graves.** Enjoy a Museum Tour with trained docents to learn about the Museum's history, permanent collection, and current exhibitions while sipping tea and meeting new friends! Free. 2 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278.
- Thursday, December 1: First Thursday Film Series: "Troop 1500."** At Hilltop Prison in Gatesville, Texas, a unique Girl Scout troop unites daughters with mothers who are serving time for serious crimes, giving them a chance to rebuild their broken bonds. Free admission. 6 – 7:30 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278 or www.humboldtarts.org.
- Thursday – Saturday, December 1 – 3: A Playhouse Recessionary Christmas,** a comedic look at the holidays with the Happy family. Live music, special guests every night. 8 pm at the Arcata Playhouse, 1251 Ninth St. \$12, \$10. Info: 822-1575.
- Friday, December 2: HSU Music Dept. Symphonic Band.** 8 pm in the Fulkerson Recital Hall, HSU. \$7, \$3. Info: 826-3456.
- Saturday and Sunday, December 3 and 4: Giant ArMack Rummage and Bake Sale.** Clothes, books, house wares, specialty items and more. This sale benefits the Arcata - McKinleyville High School Orchestra. Saturday, 8 am - 2 pm. Sunday, 8 am - noon at the Arcata High School Gym.
- Saturday, December 3: 22nd Annual Candlelight Walk Through the Ancient Forest** at Prairie Creek Redwoods State Park. The event starts with snacks at the Visitor Center at 5 pm, followed by a walk to the campfire area and local storytelling. Suggested donation \$5. Info: North Coast Redwood Interpretive Association at 488-2169 or 465-2144.
- Saturday, December 3: HSU Music Dept. Percussion Ensemble/Calypso Band** at 8 pm in the Van Duzer Theater, HSU. \$7, \$3. Info: 826-3456.
- Sunday, December 4: HSU Music Dept. Madrigals & MRT** at 8 pm in the Fulkerson Recital Hall, HSU. \$7, \$3. Info: 826-3456.
- Thursday – Saturday, December 8 – 10: A Playhouse Recessionary Christmas,** a comedic look at the holidays with the Happy family. Live music, special guests every night. 8 pm at the Arcata Playhouse, 1251 Ninth St. \$12, \$10. Info: 822-1575.
- Friday, December 9: Arcata Interfaith Gospel Choir's Holiday Music Concert.** Holiday favorites with special guests McKinleyville Community Choir. 7 pm at the First Presbyterian Church of Eureka, 819 15th St. \$7, \$5. Info: 822-4444 or www.arcatainterfaithgospelchoir.com.
- Saturday, December 11: Arcata Interfaith Gospel Choir's Holiday Music Concert.** Holiday favorites with special guests McKinleyville Community Choir. 7 pm at the Arcata Presbyterian Church, 11th and G St. \$7. Info: 822-4444 or www.arcatainterfaithgospelchoir.com.
- Sunday, December 11: HSU Music Dept. Humboldt Chorale, & University Singers** at 8 pm in the Fulkerson Recital Hall, HSU. \$7, \$3. Info: 826-3456.

CHILDREN, YOUTH & ALL AGES

- Friday – Sunday, November 25 – 27, and Ongoing through December 18: Dell'Arte's Holiday Show "The Nutcaper"** will be at Dell'Arte's Carlo Theatre at 7:30 pm. Bring a non-perishable food donation. Starting Monday, November 28, the show will be performed at a variety of free venues around the county. Tour dates, times, and locations: 668-5663 or www.dellarte.com.
- Thursday, December 1: Compartamos un Cuento en Espanol.** Stories, activities, crafts, and fun in Spanish. Each family receives a free book. 6:30 pm at the McKinleyville Branch Library, 1606 Pickett Rd., McKinleyville. Info: 839-4459 or www.humlib.org
- Saturday, December 3: KEET's Kids Club at the Morris Graves Museum of Art,** featuring short stories and art activities geared to youth 2 - 8 years old. Every family takes home a free book. December's book is "A Pocket for Corduroy" Free. Noon to 2 pm. Info: 442-0278.
- Saturday, December 10: Second Saturday Family Arts Day: Holiday Dance with the Studio of Dance Arts.** Activities for youth and families, including performances, hands-on arts projects, & interactive storytellers. Presented by the Humboldt Arts Council at the Morris Graves Museum. 2 - 4 pm at 636 F St., Eureka. Info: 442-0278.
- Saturday, December 10: Chemistry and Physics Day.** Join HSU students at the Natural History Museum for hands on experiments and demonstrations that explore chemistry and physics. Free admission. 11 am – 3 pm at 1315 G St, Arcata. Info: 826-4479.
- Sunday, December 11: Second Sunday Afternoon Dance: Shoshanna and the Ya Habibi Dance Company.** Free dance performance. 2 – 4 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278.
- Wednesday, December 14: Share A Story "Red Sled,"** short video, stories, and crafts. A free book is available for each participating family. 6:30 pm at the McKinleyville Library, 1606 Pickett Rd. Info: 839-4459 or www.humlib.org.
- Thursday, December 15: Share A Story "Red Sled,"** short video, stories, and crafts. A free book is available for each participating family. 6:30 pm at the Arcata Branch Library, 500 7th St. Info: 822-5954 or www.humlib.org.

PROTECT THE EARTH & ITS LIVING CREATURES

Thursday, November 24: 12th Annual Friends Of The Arcata Marsh Thanksgiving Morning Walk. Art Barab and Jane Wilson will lead a 90-minute meander around the marsh beginning at 10 am. Meet on the porch of the Interpretive Center on South G St. Info: 826-2359.

Friday, November 25: Friends of the Dunes Morning-After Walk. Join naturalist Denise Seeger of the Humboldt Bay National Wildlife Refuge to stretch your legs and get outside to walk off your holiday dinner. 10 am – noon at 220 Stamps Lane in Manila. Info: 444-1397.

Sunday, December 3: Audubon Society Free Public Field Trip to King Salmon. Come look for water birds typical of Humboldt Bay in early winter, such as waterfowl, grebes, and loons. (Some species may be specks, even through a scope.) Meet at 8:30 am at Gil's by the Bay restaurant. Dress warmly; rain cancels. Info: Matt Wachs at 476-9349.

Saturday, December 10: Friends of the Arcata Marsh and City of Arcata Work Day. 9 am – 1 pm at the Marsh. Dress to get dirty and bring work gloves; tools, garbage bags, snacks, and drinks provided. Info on meeting place and tasks: Dennis at 822-8184.

Sunday, December 11: Redwood Region Audubon Society Free Public Field Trip to the Humboldt Bay National Wildlife Refuge. This leisurely, 2- to 3-hour trip is intended for people wanting to learn the birds of the Humboldt Bay area. Meet at the Refuge Visitor Center off Hookton Road at 9 am. Info: David Fix or Jude Power 822-3613.

Saturdays, Ongoing: Redwood Region Audubon Society Free Public Field Trips at the Arcata Marsh and Wildlife Sanctuary. Rain or shine, docent-led field trips. Meet with binoculars in the parking lot at the south end of I Street in Arcata at 8:30 am.

Saturdays, Ongoing: Friends of the Arcata Marsh Docent-Led Walks. A 90-minute, docent-led walk focusing on different topics of the marsh. 2 pm at the Interpretive Center on South G St. Info: 826-2359.

HOLIDAY CRAFTS FAIRS

Saturday, November 26: The Ink People Center for the Arts Annual Holiday Gift Fair. Unique gift ideas at reasonable prices from local artists, live music, concessions. 11 am – 6 pm at the Eureka Municipal Auditorium, 1120 F St. Free. Info: 442-8413.

Saturday, December 3: 10th Annual UIHS Winter Arts and Crafts Fair. Arts and crafts from local American Indian artists. 10 am – 5 pm at Potawot Village in Arcata. Hot food and beverages available. Info: 825-5000.

Friday - Sunday, December 3 - 5: Humboldt Artisans Crafts and Music Festival at Redwood Acres. Live entertainment, tree sale, refreshments. \$2 or toy donation. Info and hours: 444-8817.

Saturday and Sunday, December 10 and 11: Holiday Craft Market at the Arcata Community Center. Live music performances. Refreshments available. 10 am - 5 pm (4 pm Sunday). \$1 donation to youth scholarship fund. Info: 822-7091.

WORKSHOPS AND MISCELLANEOUS

Wednesday, November 30: Vaccination Clinic: Flu Vaccines for the Family. 4 to 6 pm at Public Health, 529 I St., Eureka. A donation of \$10 is requested for flu vaccines, though no one will be turned away for inability to pay. Info: 268-2108.

Saturday, December 3: Household Hazardous Waste Collection. Maximum load limits for residents are 15 gallons or 125 pounds of hazardous waste. The cost for disposal is a flat fee of \$5. 9 am - 2 pm at the Hawthorne Street Transfer Station, 1059 W. Hawthorne Street, Eureka. Info: 441-2005.

Sunday and Monday, December 4 and 5: DUHC Mail Stuffing Party. DUHC relies on individuals for over 80% of their funding; they don't take donations from corporations of the government. Help is needed to stuff and mail thousands of letters asking people to donate to the cause! Lunch, yummy snacks, drinks, good conversation, and cuddly animals will be provided. 10 am – 4 pm at 1402 M St, Eureka. Info or RSVP: 269-0984.

MEETINGS

Monday, November 28: Humboldt Bay Bicycle Commuters Association. Discussion of projects nearing completion in Arcata and Eureka. 6 pm at Carmela's Restaurant, 13th and G streets, Arcata. Info: 445-1097.

Thursday, December 1: Humboldt County Human Rights Commission at 5 pm in Conference Room A in the County Courthouse. December is Human Rights Awareness Month. Anyone with interest in or concerns about human rights in Humboldt County is encouraged to attend. Members of the public are invited. Info: 668-4095.

TALK SHOWS, COMMENTARY, & MEDIA SPECIALS

"Thursday Night Talk" hosted by David Cobb of Democracy Unlimited airs every Thursday 7:30 - 8:30 pm on KHSU FM 90.5. It is a live call-in show, so it's a great way to have your opinion heard by thousands of listeners. The studio line is 826-4805.



HOPE Coalition Newsletter & Calendar, Nov. 22, 2011 **Page 4**
 PO Box 385, Arcata, CA 95518 **RETURN SERVICE REQUESTED**
 Printed on recycled paper with voluntary labor.

Save paper & \$\$. Let us know if you would rather receive this by email.

Editorial: Page 1, **Calendar:** Pages 2 - 3, **Action Item:** this page.

Newsletter, **Nov. 22, '11.** Vol. 17, Number 22. Published semi-monthly on 2nd & 4th Tuesdays; **next Dec. 13, '11.** For calendar items PO Box 385, Arcata 95518 or e-mail to hopecoalition@igc.org. **Next deadline. Dec. 8, '11.** Write or e-mail for sample newsletter. Newsletter volunteers: Dave Keniston, Mara Segal, Mayer Segal, Michael Welch, Paloma Orinoco. Web site: www.hopecoalition.org.

The Next Move

The Occupy movement has awakened us to something we all knew, but hardly anybody was saying: **we have been occupied.** Not by people in tents, but **by Wall Street banks and corporations.** Our elected representatives scurry to do their business. Our police are made to serve them, and treat ordinary citizens like insurgents. Our County Courthouse looks like the Green Zone because the Occupy people tried to take back a patch of lawn to say to us: wake up.

Now that we're awake, let's broaden the issue beyond illegal camping and biohazards. The homeless among the Occupy groups deserve our strongest support and recognition of their basic human rights. People wrongly arrested and falsely imprisoned should have legal defense. [see www.humrights.org] Charges should be filed against those responsible for violence against persons and property.

And now that we're awake, take a look around. It's true: we are an occupied country. Corporate dollars are protected speech and they have the dollars. We are out-gunned, out-spent, and out-voted even when we win elections.

Now that people are awake, it's time to find the common cause in all our causes. To find a common voice and speak common sense. Health is wealth. Ecology is economy. To restore those basic values, to re-occupy our work places and our homes and our lives, will require all of us. Young and old, working and jobless and retired, nurses and secretaries, farmers and waitresses and vets, teachers and trades people: **we are the 99%.**

All are invited to a General Assembly in front of the Humboldt County Courthouse, on the Saturday after Thanksgiving. There will be speakers and music and conversation. There will be opportunities to form alliances.

Let's be thankful for what we've managed to hang on to, and celebrate what we've accomplished. Then let's talk about the next move. Bring the family. Bring a friend.

SATURDAY NOVEMBER 26, 2011 1-3 PM FIFTH AND I STREETS EUREKA



- - - HOPE Coalition Needs Your Support - - -

The Objective of the HOPE Coalition:

To synthesize & promote the individual visions of the organizations that make up Humboldt's environmentally & socially just community. These include, but are not limited to, the following organizations: Environmental, Social Justice, Peace, Labor, & Human Service.

Yes, I would like to help support the HOPE Coalition's newsletter and other efforts:

- \$25 \$50 \$100
 \$500 \$15 \$_____ other

Make checks to payable to: HOPE Coalition.

I wish to receive newsletter by

- US mail Email Both

Name _____

Address _____

Email _____

Phone _____

The HOPE Coalition • PO Box 385 Arcata, CA 95518 • hopecoalition@igc.org • www.hopecoalition.org

The HOPE Coalition Newsletter is available at the Arcata & Eureka Co-ops, the Booklegger, Wildberries, and Eureka Natural Foods.

HOPE Coalition Newsletter Insert—this insert contains regularly scheduled events. For special happenings and one-time events, see the regular calendar that follows the page one editorial.

PEACE NEWS

GI Rights Hotline; provides accurate, helpful military counseling and information on military discharges, AWOL and UA, and GI Rights. [www. Glrightshotline.org](http://www.Glrightshotline.org) or 877-447-4487.

Peace Vigils Fridays 5 - 6 pm on the Arcata Plaza. Mondays at 4 pm at the Courthouse in Eureka, 445-5100 ext. 215, ask for Jack.

Vets for Peace Silent Vigil; Fridays, 5 - 6 pm: SW corner Arcata Plaza.

Vets for Peace, Humboldt Bay Chapter 56 meets 1st Thurs. at 7 pm: at 550 Union St. Arcata in the Common Room (next door to Equinox). Info: 826-7124.

Women in Black stand in silent vigil every **Friday 5 - 6 pm** at the **Arcata Plaza**, 8th & G, at the **Humboldt County Courthouse** (also Saturdays at noon), the **McKinleyville Shopping Center** on the grassy area out front, and **Fridays 4 - 5 pm** in **Trinidad** at the intersection of Scenic Dr. and Main St.

TALK SHOWS, WORKSHOPS & COMMENTARY

Access Humboldt: Public, education, & government media access. Cable channels 8, 10, 11 & 12. For program schedule, submission policies, and program request forms go to www.accesshumboldt.net. Call or email for further info. 476-1798 or info@accesshumboldt.net.

Commentary on KEET TV Channel 13 445-8013: **Wide Angle** Tues. at 9 pm

NOW with David Brancaccio. Fri. at 8:30 pm:

Commentary on KGOE 1480 am, 442-2000: **Thom Hartmann**, weekdays 9 am - noon.

Peter B. Collins, weekdays 3 - 6 pm. Progressive talk show from San Francisco.

Commentary on KHSU, 90.5 fm, 826-6089. **Democracy Now!** with Amy Goodman: weekdays 9 - 10 am.

The Econews Report with Greg King. 1:30 pm Thursdays.

A World of Possibilities locally produced syndicated public affairs program. 1:30 pm Wednesdays. Info: 826-9111 ext. 18.

Commentary on KMUD, 88.3 fm, 923-2513. **Counterspin**, Sunday 1 - 1:30 pm.

Alternative Radio, Mondays 9 am. Boulder-based award-winning weekly series with David Barsamian.

Animal Advocate, 2nd Thursday, 7 - 8 pm. Animal welfare issues. Info: Barbara Shultz at 986-7835, animaladvocate4@yahoo.com.

A World of Possibilities locally produced syndicated public affairs program. 9 am Tuesdays. Info: 826-9111 ext. 18.

Democracy Now! with Amy Goodman; noon, Mon. - Fri. Also 4 pm Access Humboldt Channel 12. Also 11 am on KIDE 91.3 fm. Also on Free Speech TV (FSTV) Mon. - Fri. midnight, 8 am, noon, or 7 pm.

Civil Liberties Monitoring Project Report; 1st Wednesday, 7 - 8 pm. 923-4646.

Politically Correct Week in Review, call-in radio show, 2nd, 4th, & 5th Mondays at 7 pm 923-3911.

All Things Reconsidered with Eric Kirk. 3rd Thursday at 7 pm.

Global Stuff call-in talk show with Jimmy Durchslag, last Friday, 7 - 8 pm.

PROTECT THE EARTH & ITS LIVING CREATURES

Adopt-the-Bay. Participate in a number of tasks aimed at maintaining a healthy Humboldt Bay. All welcome. Info: 443-0801.

Audubon Society Field Trips; Free field trips through the Arcata Marsh and Wildlife Sanctuary every Saturday at 8:30 am at the Klopp Lake parking lot (foot of I St. in Arcata). Bring your binoculars. Rain or shine. Info: 268-8052 or 822-3613.

Campus Center for Appropriate Technology; info: 826-3551.

Friends of the Dunes; Restoration workdays the first 3 Saturdays every month, 9 am - 1 pm. Info: 444-1397 or info@friendsofthedunes.org. Complete calendar: www.friendsofthedunes.org.

Friends of the Marsh guided interpretive walks every Saturday 2 pm at the Interpretive Center on South G St., Arcata. Info: 826-2359.

Redwood Alliance Climate Action Project. (Public meetings temporarily suspended until after the election.) Info: 822-6171, climatechange@redwoodalliance.org; www.redwoodalliance.org.

Wild Urban Gardeners! Meets Wednesdays at 7 pm, 1552 Spear Ave. in Arcata. Promoting food & native plant species, information about compost, greenhouses, seed banks, and community gardens. Info: 822-5861.

ARTS

Arcata Artisans Cooperative Gallery; H St. on the Plaza. Mon. - Sat. 10 - 6, Sun. 12 - 5. Info: 825-9133, www.arcataartisans.com.

Arts Alive! Eureka; first Saturday of the month at venues around town. Art, music, dance, refreshments. Info: 442-9054.

Arts! Arcata; second Friday of the month at venues around town and at HSU. Art, music, dance, refreshments. Info: 822-4500.

Clarke Historical Museum; 240 E St., Eureka. Info: 443-1947 or www.clarkemuseum.org.

First Street Gallery; 422 First Street, Eureka. Tuesday - Sunday from noon - 5 pm. Info: 443-6363 or www.humboldt.edu/~first.

Morris Graves Museum; 636 F St., Eureka. Wed. - Sun. 12 - 5 pm. www.humboldtarts.org

The Ink People; 411 12th St, Eureka. Hours: Tuesday - Saturday, 11 am - 4 pm. Info: 442-8413 www.inkpeople.org.

Westhaven Center for the Arts; 501 S. Westhaven Dr. Info: 677-0860, www.westhavenarts.org.

MEETINGS

Arcata's Committee on Democracy & Corporations meets the third Tuesday of each month and was established in response to Arcata's Measure F. Info: 822-5951 or www.cityofarcata.org.

Arcata's Nuclear Weapons Free Zone and Peace Commission. On indefinite hiatus due to lack of a quorum. Applications available at www.cityofarcata.org or at city hall. Info: 822-5951.

Commission on Status of Women meets 3d Tuesday at 6 pm. Call for place: 822-2502 or www.co.humboldt.ca.us/commissions/csw/.

Eureka Greens meet 3rd Saturday of every month. 3:30-5pm. 321 Coffee (321 Third St. in Old Town). Info: www.EurekaGreens.com.

Green Wheels; Mondays 6:30 pm at the Northcoast Environmental Center. Info: mail@green-wheels.org or www.green-wheels.org.

Humboldt County Human Rights Commission meets 2nd Tues. City Courthouse, Rm. B, Eureka, 6 pm. Info: 268-2548.

Humboldt Democratic Central Committee; 2nd Wednesday at 7 pm. 129 Fifth St. Info: 445-3366 or www.humboltdemocrats.org.

Humboldt Exchange Community Currency Project. Call for meetings: 269-0984.

Humboldt Watershed Council at NEC, 2nd and 4th Wednesdays, 7 - 9 pm. Info: sheds@humboldt1.com.

Mother Jones Club & Humboldt Communist Alliance. Call for meeting times: ncalview@igc.org or 839-3824.

NAACP; Monthly meetings: 3rd Sunday at 3:30 pm, Boys & Girls Club, 3015 J St., Eureka. Info: 268-8287.

North Coast IWW, the Wobblies meets every 3rd Wed. 6:30 - 8 pm at the Labor Temple, 840 E St., Eureka. Info: 725-8090.

Northern Humboldt Greens meet 2nd Tuesday of the month, 7 - 8 pm. Info: Shaye, 237-2790 or email arcata@greens.org.

Redwood Chapter ACLU meets 3rd Tuesday at noon at 917 Third St. in Eureka. Info: 336-2258, redwoodaclu@hotmail.com.

Sequoia Greens of southern Humboldt. Call for meetings: 923-4488 or encimer@hotmail.com.

Veterans for Peace (SoHum Chapter); 1st Tuesday of Each Month at 7 pm at Haynes Vets Hall, Garberville.

Vets for Peace (Humboldt Chapter 56); 550 Union St. Arcata in the Common Room (next door to Equinox) first Thursday of the month. Info: 826-7124.

Women's International League for Peace and Freedom (WILPF); meets the 4th Wednesday, location varies. Info: Sue at 822-3405 or suejh@humboldt1.com.

CHILDREN & YOUTH

Arts in the Afternoon; a free art studio for teens (6th - 12th grade). Open week days during the school year, 3 - 6 pm at Arcata Community Center. Sponsored by City of Arcata's Recreation Division. Info: 825-2028.

HSU's Natural History Museum, 1315 G St. Arcata. Closed to public, available for classroom visits. Info: 826-4478.

Humboldt County Library in Eureka Story Hour: 10 am Fridays & other programs. Info: Jo Ann Bauer, 269-1900.

Humboldt County Teen Court is looking for teen volunteers. Info: 444-0153.

Mondays, Fridays, & Saturdays: PULSE, new Teen Recreation Center; regular programming from 6 - 9 pm at the John Ryan Youth Center, 1653 J St, Eureka. Info: 268-1858.

Raven Project Queer Coffee House for Youth; Tuesday, 6:30 - 9 pm. Also, girls & women 10 - 24 years meet Wednesdays from 6:30 - 8:30 pm, 523 T St., Eureka, 443-7099.

COMMUNITY & WELL-BEING SERVICES

Buddhist Queers (lesbian, gay, bi, transsexual) Vipassana, Zen, etc. Beginners welcome. phone 269-7044.

Eureka Mindfulness Buddhist Meditation & Discussion. 2nd and 4th Wednesdays of each month. 7:15 pm First Christian Church 730 K St. Wheelchair accessible, fragrance free, beginners welcome. Info: 269-7044.

Fridays, Ongoing: Depression and Bipolar Support Alliance: Arcata Support Groups; free, voluntary, and open peer-support groups for those experiencing depression (seasonal, situational, or chronic) and/or mood swings. Open to the public. Family and friends are also welcome. 6 pm at the Arcata Library Conference Room. Info: 443-9659 or dbsahumb@sbcglobal.net.

Health Insurance and Advocacy Program (HICAP) provides objective information, help, and advocacy for people relying on Medicare. Info and appointments: 444-3000.

Healthy Kids Humboldt Enrollment Headquarters offers health care insurance by assisting with Medi-Cal, Healthy Families, and Cal Kids applications for children. 517 3rd Street, Eureka. 442.6066.

Humboldt Community Switchboard can direct anyone to services in Humboldt County. Info: 441-1001 or www.theswitchboard.org.

Humboldt Domestic Violence Services Support Groups; all services are free. Support groups Thurs. eves and Fri. afternoons, with therapeutic childcare offered. Info & child care: 444-9255. 24-hour crisis line: 443-6042 or toll free 866-668-6543.

Humboldt Literacy Project, to improve adult reading skills necessary to function on the job, in the family, & in the community. Free & confidential. Info: 445-3655 or www.humlit.org.

Nature-Based Spiritual Queers (GLBT) pagan, Native American traditions, etc. Newcomers welcome. phone 269-7044.

North Coast Rape Crisis Team; 24 hour crisis line: 445-2881. Business phone: 443-2737.

Ongoing: Drop-in Grief Support Groups. Hospice offers free, drop-in grief support groups in Arcata, Eureka, Fortuna and McKinleyville. These groups are open to anyone in the community experiencing grief and loss of a loved one. Info and schedules: 445-8443.

Ongoing: Volunteer Center of the Redwoods (VCOR): The Drop of a Hat Brigade connects volunteers of all ages with one time and short-term events. RSVP provides benefits such as limited mileage reimbursement for volunteers ages 55 and older. Info on these and other volunteer opportunities: 442-3711 or www.a1aa.org/VCOR/.

The Area 1 Agency on Aging sponsors many senior programs. Info: 442-9591 or www.a1aa.org.

The Emma Center Advocacy, support, referral services, library, and classes for trauma and abuse survivors. 920 Samoa Blvd. Suite 207, Arcata. Info: 825-6680 or info@emmacenter.org or www.emmacenter.org.

Vision Loss Services; Lighthouse of the North Coast, solutions for living with vision loss. Info: 268-5646 or www.lighthouse-sf.org.