



# The HOPE Coalition

Humboldt Organized for Peace & the Environment

"Working in partnership toward the development of a diverse, just, & sustainable community."

## Calendar of Happenings in Humboldt County Inside

Newsletter Editorial Page – Sept. 27, 2011

### Humboldt Committee for Conscientious Objectors GI Rights Hotline

by Barbara Goldberg

Humboldt Committee for Conscientious Objectors (HCCO), a member of the national GI Rights Network, has been operating a branch of the GI Rights Hotline in Arcata since January 15, 2002. Our organization grew out of a meeting at the Bayside Grange following 9/11 when concerned community members gathered to discuss how we might prevent the threatened war and how to respond in the event of war. Some of us had been military counselors in the Vietnam era. Others came to the work in 1980 when draft registration was once again required of young men, even of those for whom registration was a violation of deeply held beliefs of conscience about their participation in war. Still others were parents who wanted to do something to protect their children or the children of others who might have to face war and all that results from it. Initially, we wanted to get information about war to our youth and to help them develop Conscientious Objector files in the event of a resumption of the draft.

While we have never abandoned this goal, the focus of our group changed as war became a reality and the GI Rights Hotline, operated by a consortium of four peace organizations, was swamped by callers needing help. Young men and women had signed up for the military or were forced into it by limited economic opportunities in their neighborhoods during peace time without reflecting on the potential that they might have to kill another human being in war. They and their frantic families needed support and information as they struggled with both personal issues and issues of conscience about deployment.

In November 2011, eight of us began our rigorous training in military law and, working with experienced counselors in other parts of the country, we gained the skills needed to begin taking calls in our office in mid-January. Since then, over 15,000 callers have received support and comprehensive, objective information about Selective Service and Military Law, regulations, and administrative procedures to anyone affected by military service whether on Active duty, in the Reserves or National Guard, in the Delayed Enlistment Program, or spouses and family members of service members.

As the wars escalated, more and more of our callers are deployed service members or those just recently home from war whose experiences have caused them to question war and their ability to participate in it. Many struggle with trauma related to experiences in war, whether physical or psychological.

Women call with trauma related to sexual assault and rape while in combat. Others call for information on their rights to medical treatment or to benefits. Service members who are parents call with questions about their rights when repeated deployments threaten their children's welfare. Every case is different, yet the same thread runs through them all: there is a huge human cost to war and the military often fails to provide service members with information to access even the options provided to them under the Unified Code of Military Justice. We fill this gap. We also provide referrals to attorneys, psychiatrists, and physicians who can support service members in their pursuit of justice.

Please refer service members or young people wanting out of Delayed Enlistment Programs to call us for help at 707-826-0165 or toll free at 877-447-4487 or 800-394-9544. Visit the GI Rights Hotline online at [www.girightshotline.org](http://www.girightshotline.org).

**Counselors Needed:** HCCO offers counselor trainings for community members who want to help or to previously trained counselors wishing to refresh their skills. The next one will be from **9 - 4 on Saturday, October 8**. The workshop will cover general background information, information on the most common discharges (including Conscientious Objector, Medical, Hardship, and Entry Level Separations) and abuse and mental health issues as they relate to callers' concerns.

Counselors are needed that can commit a few or many hours to our work. They provide initial information, do follow-up casework, and make referrals to appropriate services as needed. We encourage anyone interested in this important work to join us at this workshop. **Call 822-1835 for more info and to register.**

*[All opinions in editorials, action items, & calendar items are those of the writers, submitters, and involved organizations; and not necessarily the opinions of the HOPE Coalition or its volunteers. HOPE will consider rebuttal editorials from the progressive viewpoint.]*

## PEACE NEWS

**2011 Peace Poetry Anthology Published.** The 2011 Redwood Coast Peace Poetry Anthology, published by the Humboldt Bay chapter of Veterans For Peace, should be available now at local bookstores. The collection, featuring work by twenty local high school students, is also available free at [www.vfp56.org/2011Anthology.pdf](http://www.vfp56.org/2011Anthology.pdf).

## ENTERTAINMENT, CELEBRATIONS, & CULTURE

- Thursday, September 29: Local Filmmakers Night: "Letters Home,"** a production of the Ferndale Museum based on letters written to the Ferndale Enterprise during World War II by soldiers that were stationed overseas. Q & A session will follow excerpts of the film, along with movie trivia, prizes, and a reception to follow. 7 pm in the Lecture Hall Screening Room on the Eureka High Campus. \$5. Info: 476-1798.
- Friday, September 30: Picnics on the Plaza,** featuring music by Jim Lahman Band. Picnics on the Plaza are free, family-friendly events featuring live, local music from 11:30 am to 2 pm. Info: 822-4500.
- October: Sales For Survivors** to benefit the Humboldt County Breast Health Project. Participating merchants donate a portion of their proceeds in support of National Breast Cancer Awareness Month. Schedule and info: [www.hcbhp.org](http://www.hcbhp.org) or 825-8345.
- Saturday, October 1: Pastels on the Plaza and Farmers Market.** Local artists sponsored by local businesses create pastel works of art on the sidewalks of the Arcata Plaza. The Farmers Market moves to the outer edge of the Plaza. Info: Northcoast Children's Services 825-1302 or 825-1313 or [www.ncsheadstart.org](http://www.ncsheadstart.org).
- Saturday, October 1: "Get Outside Gear Sale" Fundraiser for Friends of the Dunes,** featuring a used outdoor gear sale, live music, food, beer, kids activities, guided nature walk, surfboard swap and a silent auction of the chairs from the Los Bagels Chair-ity Art show. 11 am – 4 pm at the Humboldt Coastal Nature Center in Manila. Info: 444-1397 or [friendsofthedunes.org](http://friendsofthedunes.org).
- Saturday, October 1: 27<sup>th</sup> Annual Fortuna Apple Harvest Festival,** annual town-wide festival with tastings, hayrides, music and more. All day. Info: 725-3959, 725-9261 or [www.sunnyfortuna.com](http://www.sunnyfortuna.com).
- Saturday, October 1: PARC (Peoples' Action for Rights and Community) Fundraiser,** featuring a vegetarian dinner, raffle prizes, a short film about Wal-Mart and discussion about Wal-Mart's arrival into Humboldt and what can be done about it. 5 – 10 pm at the Humboldt Unitarian Fellowship in Bayside. Suggested donation, \$20. Info: 442-7465.
- Friday, October 1: Candlelight Vigil.** October is Domestic Violence Awareness Month. Join Silent Witness Organizers to honor the victims who have been murdered in acts of intimate partner violence. 6 pm at the Old Town Gazebo, Eureka. Info: 444-9255.
- Saturday, October 1: HSU Music Dept. Symphonic Band and Jazz Orchestra** at 8 pm in the Fulkerson Recital Hall, HSU. \$7, \$3. Info: 826-3456.
- Saturday and Sunday, October 1 and 2: Redwood Coast Bellydance Festival** featuring live dancing and drumming performances, workshops, kids' activities, shopping bazaar, and more. 11 am – 8 pm Saturday, 10 am – 5 pm Sunday at the Arcata Community Center. \$5, kids under 12 free. Info: 616-6876 or [www.redwoodcoastbellydance.com](http://www.redwoodcoastbellydance.com).
- Sunday, October 2: North Coast Co-op "Eat Local" Celebration Potluck.** Bring a dish to share made from local ingredients and compete in the Localvore Recipe Contest. Prizes will be given. 5 - 7 pm at the Bayside Grange. Info: 826-8670, ext 132.
- Tuesday, October 4: Silent Witness Display.** Silent Witnesses are life-sized black silhouettes representing the life of a local victim of domestic violence. 10 am – 2 pm at the County Courthouse, 825 Fifth Street, Eureka. Info: 441-5553 or [www.silentwitness.net](http://www.silentwitness.net).
- Tuesday, October 4: "Based on the Book" Master of Suspense: The Films of Alfred Hitchcock** featuring "North by Northwest" (1959). Hapless New York advertising executive is mistaken for a government agent by a group of foreign spies. Hosted by Bob Doran. Free. 6:30 pm at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, [www.humlib.org](http://www.humlib.org).
- Friday, October 7: Candlelight Vigil.** October is Domestic Violence Awareness Month. Join Silent Witness Organizers to honor the victims who have been murdered in acts of intimate partner violence. 6 pm at the Arcata Plaza. Info: 444-9255.
- Friday, October 7: Eureka Chamber Music Series: Borealis Quartet,** one of the leading young string quartets. 7:30 pm at the Cavalry Lutheran Church, 716 South Ave, Eureka. \$30. Info: 445-9650.
- Saturday, October 8: Ink People Beaux Arts Ball.** The Ball is a "holiday from color," with black and white attire: dressy, casual, or costume. Live music, stilt walkers, a wall art installation, a photo booth, refreshments, dancing, performers, and more. 8 pm – midnight at the Arcata Playhouse. \$10. Info: 442-8413.
- Monday, October 10: Open Mike at Poets on the Plaza.** Original poetry, 5-minute time limit, no music. All ages. \$1 donation. 8 pm, sign-up 7:30 pm at the Plaza Grill View Room, 2nd Floor at the Jacoby Storehouse in Arcata.
- Tuesday, October 11: An EPIC Sponsored Film Screening of Patagonia Rising: A Frontier Story of Water and Power** at the Arcata Theatre Lounge, 1037 H Street, Arcata. Doors open at 6:30 pm, film starts at 7 pm, followed by Q and A. Info: 822-7711.
- Thursday - Saturday, October 13 – 15: Live Music, Silent Movie** with the ArMack High School Orchestra. "Clash of the Wolves" with Rin Tin Tin, accompanied by a full orchestra. At McKinleyville High, 7 pm each night with a 2 pm matinee on Saturday. \$5. Info or tickets: Katie at 822-5453 or Sheri 839-4977.

## CHILDREN, YOUTH & ALL AGES

- Saturday, October 1: KEET's Kids Club at the Morris Graves Museum of Art,** featuring short stories and art activities geared to youth 2 - 8 years old. Every family takes home a free book. Free. Noon to 2 pm. Info: 442-0278.
- Wednesday, October 5: Share A Story " Leaves Are Falling,"** short video, stories, and crafts. A free book is available for each participating family. 6:30 pm at the Humboldt County Library, 1313 3<sup>rd</sup> St., Eureka. Info: 269-1910, [www.humlib.org](http://www.humlib.org).
- Saturday, October 8: Second Saturday Family Arts Day.** Activities for youth and families, including performances, hands-on arts projects, & interactive storytellers. 2 - 4 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278.
- Sunday, October 9: Second Sunday Afternoon Dance: The Dancer's Studio.** Free dance performances from local dance companies. 2 – 4 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278
- Thursday, October 13: " Alice,"** a short presentation of songs and scenes from Alice in Wonderland, the upcoming production from Humboldt Light Opera Company's KidCo. Free. 6:30 pm at the Arcata Branch Library Meeting Room, 500 7<sup>th</sup> St. Info: 825-8419.

## PROTECT THE EARTH & ITS LIVING CREATURES

- Saturday, October 1: "Get Outside Gear Sale" Fundraiser for Friends of the Dunes**, featuring a used outdoor gear sale, live music, food, beer, kids activities, guided nature walk, surfboard swap and a silent auction of the chairs from the Los Bagels Chair-ity Art show. 11 am – 4 pm at the Humboldt Coastal Nature Center in Manila. Info: 444-1397 or friends-of-the-dunes.org.
- Sunday, October 2: 9th Annual National Solar and Efficiency Tour**. Info and home tours regarding solar energy and energy efficiency for homes. Workshop and meet 10:30 am at the Eureka Aquatic Center, next to the Adorni Center. Organized and self-guided tours noon to 4. Info: 497-8637 or www.humboldtplanetgreen.org
- Sunday, October 2: California Native Plant Society Chapter Picnic at Big Lagoon**. An afternoon of good food and good company, among the sand plants, wetland plants, bog plants, and spruce forest plants in Big Lagoon County Park. Bring a dish to share, BBQ items, a beverage, eating gear, and any friends or relations you want. Fire will be ready for cooking at 1 pm with foot or boat explorations afterward. Bring a canoe or kayak if it's not too windy. Camp chairs, tables, and canopies will be useful too. Plan on a cool sea breeze. \$2 day use fee. In case of rotten weather, call for revised location. Info: Carol at 822-2015.
- Saturday and Sunday, October 8 and 9: Friends of the Arcata Marsh Fall Volunteer Training**. Learn how to lead tours during a weekend session. Local experts will use lectures and field trips to teach about birds, plants, wetlands, invertebrates, Arcata Marsh history, the wastewater treatment process, and tips for leading tours. Docent manuals will be distributed. Morning snacks are provided; lunch is on your own. Pre-registration required. Info and sign-up: 826-2359.
- Sunday, October 9: Free Public Field Trip To The Humboldt Bay National Wildlife Refuge** with the Redwood Region Audubon Society. This leisurely, 2- to 3-hour trip is intended for people wanting to learn birds of Humboldt Bay area. Meet at Refuge Visitor Center off Hookton Road at 9 am. Info: Jude Power at 822-3613 or David Fix at 825-1195.

**Saturdays, Ongoing: Redwood Region Audubon Society Free Public Field Trips** at the Arcata Marsh and Wildlife Sanctuary. Rain or shine, docent-led field trips. Meet with binoculars in the parking lot at the south end of I Street in Arcata at 8:30 am.

**Saturdays, Ongoing: Friends of the Arcata Marsh Docent-Led Walks**. A 90-minute, docent-led walk focusing on different topics of the marsh. 2 pm at the Interpretive Center on South G St. Info: 826-2359.

## WORKSHOPS AND MISCELLANEOUS

**Every Other Wednesday, Starting September 21: Corporate Personhood Study Group**. Democracy Unlimited is hosting a five session bi-monthly community study group, People Challenging Corporate Power. The anti-corporate personhood workshop will provide all the tools required for cerebral liberation, covering everything from the history of the rise of corporate power to the subjugation of our democracy through the elimination of regulations and the abuse of private property. Info: 269-0984 or email info@duhc.org.

**Various Dates, Starting in September and October: Our Pathways to Health**. These workshops are designed to help people gain self-confidence in their ability to control the symptoms of chronic disease and change how their health problems affect their lives. Two and a half hours per week for six weeks. Call for dates in your area. Info: 445-2806, ext 4.

**Saturday, October 1: Household Hazardous Waste Collection**. Maximum load limits for residents are 15 gallons or 125 pounds of hazardous waste. The cost for disposal is a flat fee of \$5. 9 am - 2 pm at the Hawthorne Street Transfer Station, 1059 W. Hawthorne Street, Eureka. Info: 441-2005.

**Monday, October 17: It Takes Two: Understanding Dementia Behavior**, a workshop for family caregivers. 10 am – 4:30 pm at the Alzheimer's Resource Center Library, 1901B California St, Eureka. \$30. Info or registration: (800) 834-1636 or 542-0282.

**Now, In Your Garden: Extra Produce?** Have a surplus? The food bank would be happy to take it off your hands. Info: Food for People at 445-3166.

## MEETINGS

**Thursday, October 6: Humboldt County Human Rights Commission** at 5 pm in Conference Room A in the County Courthouse. Commissioners will discuss educational forums to be presented for the public, the issue of citizen participation in the formulation of the county's general plan, and issues related to the relationship between Native Americans and the federal government. All items related to human rights in the county are of interest to the commission, and members of the public are encouraged to attend the meeting to express ideas and concerns related to human rights. Time is set aside at the beginning of each commission meeting for community input. Info: 668-4095.

## TALK SHOWS, COMMENTARY, & MEDIA SPECIALS

**"Thursday Night Talk" hosted by David Cobb of Democracy Unlimited** airs every Thursday 7:30 - 8:30 pm on KHSU FM 90.5. It is a live call-in show, so it's a great way to have your opinion heard by thousands of listeners. The studio line is 826-4805.



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**Editorial:** Page 1, **Calendar:** Pages 2 - 3, **Action Item:** this page.

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Newsletter, **Sept. 27, '11.** Vol. 17, Number 18. Published semi-monthly on 2nd & 4th Tuesdays; **next Oct. 11, '11.** For calendar items PO Box 385, Arcata 95518 or e-mail to hopecoalition@igc.org. **Next deadline. Oct. 6, '11.** Write or e-mail for sample newsletter. Newsletter volunteers: Dave Keniston, Mara Segal, Mayer Segal, Michael Welch, Paloma Orinoco. Web site: www.hopecoalition.org.

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## Tell Congress: Cut the Debt by Cutting the Pentagon

Right now, you have the best opportunity in more than a decade to persuade Congress to cut \$1 trillion for the Pentagon budget over the next ten years.

Why? Because big cuts in government spending are on the horizon.

Government programs have been on the chopping block before, but in the past Congress has refused to consider real cuts in Pentagon spending. This time is different and members of Congress from the all over the political spectrum are arguing for deep cuts in Pentagon spending.

This is our opportunity to refocus government priorities--to make sure we're not sacrificing programs Americans depend to keep fighting new wars. In this period, when budgets for everything from libraries and schools to bridges and public transportation are being cut, Congress needs to bring the Pentagon's ballooning budget under control.

Taxpayer advocates, Libertarians and many peace groups all agree that the Pentagon budget could be cut by almost \$1 trillion in the next ten years. But members of Congress won't act unless they hear from their constituents.

Let your Senators know that in these tough times, war is not the answer and neither is cutting programs that Americans depend on. Urge your members of Congress to cut the deficit by cutting \$1 trillion from the Pentagon budget in the next ten years.

**Please sign this online petition from the Friends Committee on National Legislation:**

<http://bit.ly/PentagonCuts>

- - - **HOPE Coalition Needs Your Support** - - -

**The Objective of the HOPE Coalition:**

To synthesize & promote the individual visions of the organizations that make up Humboldt's environmentally & socially just community. These include, but are not limited to, the following organizations: Environmental, Social Justice, Peace, Labor, & Human Service.

Yes, I would like to help support the HOPE Coalition's newsletter and other efforts:

- \$25     \$50     \$100  
 \$500     \$15     \$\_\_\_\_\_ other

Make checks to payable to: HOPE Coalition.

I wish to receive newsletter by

- US mail     Email     Both

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**Email** \_\_\_\_\_

**Phone** \_\_\_\_\_

The HOPE Coalition • PO Box 385 Arcata, CA 95518 • hopecoalition@igc.org • www.hopecoalition.org

The HOPE Coalition Newsletter is available in Arcata at: the Co-op, & the Northcoast Environmental Center; at the main Humboldt, Arcata, McKinleyville, and Trinidad libraries; and at the Senior Center in Eureka.

**HOPE Coalition Newsletter Insert**—this insert contains regularly scheduled events. For special happenings and one-time events, see the regular calendar that follows the page one editorial.

## PEACE NEWS

**GI Rights Hotline**; provides accurate, helpful military counseling and information on military discharges, AWOL and UA, and GI Rights. [www. Glrightshotline.org](http://www.Glrightshotline.org) or 877-447-4487.

**Peace Vigils** Fridays 5 - 6 pm on the Arcata Plaza. Mondays at 4 pm at the Courthouse in Eureka, 445-5100 ext. 215, ask for Jack.

**Vets for Peace Silent Vigil**; Fridays, 5 - 6 pm: SW corner Arcata Plaza.

**Vets for Peace, Humboldt Bay Chapter 56** meets 1st Thurs. at 7 pm: at 550 Union St. Arcata in the Common Room (next door to Equinox). Info: 826-7124.

**Women in Black** stand in silent vigil every **Friday 5 - 6 pm** at the **Arcata Plaza**, 8th & G, at the **Humboldt County Courthouse** (also Saturdays at noon), the **McKinleyville Shopping Center** on the grassy area out front, and **Fridays 4 - 5 pm** in **Trinidad** at the intersection of Scenic Dr. and Main St.

## TALK SHOWS, WORKSHOPS & COMMENTARY

**Access Humboldt**: Public, education, & government media access. Cable channels 8, 10, 11 & 12. For program schedule, submission policies, and program request forms go to [www.accesshumboldt.net](http://www.accesshumboldt.net). Call or email for further info. 476-1798 or [info@accesshumboldt.net](mailto:info@accesshumboldt.net).

**COMMENTARY on KEET TV** Channel 13 445-8013: **Wide Angle** Tues. at 9 pm

**NOW** with David Brancaccio. Fri. at 8:30 pm:

**COMMENTARY on KGOE** 1480 am, 442-2000: **Thom Hartmann**, weekdays 9 am - noon.

**Peter B. Collins**, weekdays 3 - 6 pm. Progressive talk show from San Francisco.

**COMMENTARY on KHSU**, 90.5 fm, 826-6089. **Democracy Now!** with Amy Goodman: weekdays 9 - 10 am.

**The Econews Report** with Greg King. 1:30 pm Thursdays.

**A World of Possibilities** locally produced syndicated public affairs program. 1:30 pm Wednesdays. Info: 826-9111 ext. 18.

**COMMENTARY on KMUD**, 88.3 fm, 923-2513. **Counterspin**, Sunday 1 - 1:30 pm.

**Alternative Radio**, Mondays 9 am. Boulder-based award-winning weekly series with David Barsamian.

**Animal Advocate**, 2nd Thursday, 7 - 8 pm. Animal welfare issues. Info: Barbara Shultz at 986-7835, [animaladvocate4@yahoo.com](mailto:animaladvocate4@yahoo.com).

**A World of Possibilities** locally produced syndicated public affairs program. 9 am Tuesdays. Info: 826-9111 ext. 18.

**Democracy Now! with Amy Goodman**; noon, Mon. - Fri. Also 4 pm Access Humboldt Channel 12. Also 11 am on KIDE 91.3 fm. Also on Free Speech TV (FSTV) Mon. - Fri. midnight, 8 am, noon, or 7 pm.

**Civil Liberties Monitoring Project Report**; 1st Wednesday, 7 - 8 pm. 923-4646.

**Politically Correct Week in Review**, call-in radio show, 2nd, 4th, & 5th Mondays at 7 pm 923-3911.

**All Things Reconsidered** with Eric Kirk. 3rd Thursday at 7 pm.

**Global Stuff** call-in talk show with Jimmy Durchslag, last Friday, 7 - 8 pm.

## PROTECT THE EARTH & ITS LIVING CREATURES

**Adopt-the-Bay**. Participate in a number of tasks aimed at maintaining a healthy Humboldt Bay. All welcome. Info: 443-0801.

**Audubon Society Field Trips**; Free field trips through the Arcata Marsh and Wildlife Sanctuary every Saturday at 8:30 am at the Klopp Lake parking lot (foot of I St. in Arcata). Bring your binoculars. Rain or shine. Info: 268-8052 or 822-3613.

Campus Center for Appropriate Technology; info: 826-3551.

**Friends of the Dunes**; Restoration workdays the first 3 Saturdays every month, 9 am - 1 pm. Info: 444-1397 or [info@friendsofthedunes.org](mailto:info@friendsofthedunes.org). Complete calendar: [www.friendsofthedunes.org](http://www.friendsofthedunes.org).

**Friends of the Marsh** guided interpretive walks every Saturday 2 pm at the Interpretive Center on South G St., Arcata. Info: 826-2359.

**Redwood Alliance Climate Action Project**. (Public meetings temporarily suspended until after the election.) Info: 822-6171, [climatechange@redwoodalliance.org](mailto:climatechange@redwoodalliance.org); [www.redwoodalliance.org](http://www.redwoodalliance.org).

**Wild Urban Gardeners!** Meets Wednesdays at 7 pm, 1552 Spear Ave. in Arcata. Promoting food & native plant species, information about compost, greenhouses, seed banks, and community gardens. Info: 822-5861.

## ARTS

**Arcata Artisans Cooperative Gallery**; H St. on the Plaza. Mon. - Sat. 10 - 6, Sun. 12 - 5. Info: 825-9133, [www.arcataartisans.com](http://www.arcataartisans.com).

**Arts Alive! Eureka**; first Saturday of the month at venues around town. Art, music, dance, refreshments. Info: 442-9054.

**Arts! Arcata**; second Friday of the month at venues around town and at HSU. Art, music, dance, refreshments. Info: 822-4500.

**Clarke Historical Museum**; 240 E St., Eureka. Info: 443-1947 or [www.clarkemuseum.org](http://www.clarkemuseum.org).

**First Street Gallery**; 422 First Street, Eureka. Tuesday - Sunday from noon - 5 pm. Info: 443-6363 or [www.humboldt.edu/~first](http://www.humboldt.edu/~first).

**Morris Graves Museum**; 636 F St., Eureka. Wed. - Sun. 12 - 5 pm. [www.humboldtarts.org](http://www.humboldtarts.org)

**The Ink People**; 411 12th St, Eureka. Hours: Tuesday - Saturday, 11 am - 4 pm. Info: 442-8413 [www.inkpeople.org](http://www.inkpeople.org).

**Westhaven Center for the Arts**; 501 S. Westhaven Dr. Info: 677-0860, [www.westhavenarts.org](http://www.westhavenarts.org).

## **MEETINGS**

**Arcata's Committee on Democracy & Corporations** meets the third Tuesday of each month and was established in response to Arcata's Measure F. Info: 822-5951 or [www.cityofarcata.org](http://www.cityofarcata.org).

**Arcata's Nuclear Weapons Free Zone and Peace Commission.** On indefinite hiatus due to lack of a quorum. Applications available at [www.cityofarcata.org](http://www.cityofarcata.org) or at city hall. Info: 822-5951.

**Commission on Status of Women** meets 3d Tuesday at 6 pm. Call for place: 822-2502 or [www.co.humboldt.ca.us/commissions/csw/](http://www.co.humboldt.ca.us/commissions/csw/).

**Eureka Greens** meet 3rd Saturday of every month. 3:30-5pm. 321 Coffee (321 Third St. in Old Town). Info: [www.EurekaGreens.com](http://www.EurekaGreens.com).

**Green Wheels;** Mondays 6:30 pm at the Northcoast Environmental Center. Info: [mail@green-wheels.org](mailto:mail@green-wheels.org) or [www.green-wheels.org](http://www.green-wheels.org).

**Humboldt County Human Rights Commission** meets 2nd Tues. City Courthouse, Rm. B, Eureka, 6 pm. Info: 268-2548.

**Humboldt Democratic Central Committee;** 2nd Wednesday at 7 pm. 129 Fifth St. Info: 445-3366 or [www.humboltdemocrats.org](http://www.humboltdemocrats.org).

Humboldt Exchange Community Currency Project. Call for meetings: 269-0984.

**Humboldt Watershed Council** at NEC, 2nd and 4th Wednesdays, 7 - 9 pm. Info: [sheds@humboldt1.com](mailto:sheds@humboldt1.com).

**Mother Jones Club & Humboldt Communist Alliance.** Call for meeting times: [ncalview@igc.org](mailto:ncalview@igc.org) or 839-3824.

**NAACP;** Monthly meetings: 3rd Sunday at 3:30 pm, Boys & Girls Club, 3015 J St., Eureka. Info: 268-8287.

**North Coast IWW, the Wobblies** meets every 3rd Wed. 6:30 - 8 pm at the Labor Temple, 840 E St., Eureka. Info: 725-8090.

**Northern Humboldt Greens** meet 2nd Tuesday of the month, 7 - 8 pm. Info: Shaye, 237-2790 or email [arcata@greens.org](mailto:arcata@greens.org).

**Redwood Chapter ACLU** meets 3rd Tuesday at noon at 917 Third St. in Eureka. Info: 336-2258, [redwoodaclu@hotmail.com](mailto:redwoodaclu@hotmail.com).

**Sequoia Greens** of southern Humboldt. Call for meetings: 923-4488 or [encimer@hotmail.com](mailto:encimer@hotmail.com).

**Veterans for Peace (SoHum Chapter);** 1st Tuesday of Each Month at 7 pm at Haynes Vets Hall, Garberville.

**Vets for Peace (Humboldt Chapter 56);** 550 Union St. Arcata in the Common Room (next door to Equinox) first Thursday of the month. Info: 826-7124.

**Women's International League for Peace and Freedom (WILPF);** meets the 4<sup>th</sup> Wednesday, location varies. Info: Sue at 822-3405 or [suejh@humboldt1.com](mailto:suejh@humboldt1.com).

## **CHILDREN & YOUTH**

**Arts in the Afternoon;** a free art studio for teens (6th - 12th grade). Open week days during the school year, 3 - 6 pm at Arcata Community Center. Sponsored by City of Arcata's Recreation Division. Info: 825-2028.

**HSU's Natural History Museum,** 1315 G St. Arcata. Closed to public, available for classroom visits. Info: 826-4478.

**Humboldt County Library in Eureka Story Hour:** 10 am Fridays & other programs. Info: Jo Ann Bauer, 269-1900.

**Humboldt County Teen Court** is looking for teen volunteers. Info: 444-0153.

**Mondays, Fridays, & Saturdays: PULSE, new Teen Recreation Center;** regular programming from 6 - 9 pm at the John Ryan Youth Center, 1653 J St, Eureka. Info: 268-1858.

**Raven Project Queer Coffee House for Youth;** Tuesday, 6:30 - 9 pm. Also, girls & women 10 - 24 years meet Wednesdays from 6:30 - 8:30 pm, 523 T St., Eureka, 443-7099.

## **COMMUNITY & WELL-BEING SERVICES**

**Buddhist Queers** (lesbian, gay, bi, transsexual) Vipassana, Zen, etc. Beginners welcome. phone 269-7044.

**Eureka Mindfulness Buddhist Meditation & Discussion.** 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of each month. 7:15 pm First Christian Church 730 K St. Wheelchair accessible, fragrance free, beginners welcome. Info: 269-7044.

**Fridays, Ongoing: Depression and Bipolar Support Alliance: Arcata Support Groups;** free, voluntary, and open peer-support groups for those experiencing depression (seasonal, situational, or chronic) and/or mood swings. Open to the public. Family and friends are also welcome. 6 pm at the Arcata Library Conference Room. Info: 443-9659 or [dbsahumb@sbcglobal.net](mailto:dbsahumb@sbcglobal.net).

**Health Insurance and Advocacy Program (HICAP)** provides objective information, help, and advocacy for people relying on Medicare. Info and appointments: 444-3000.

**Healthy Kids Humboldt Enrollment Headquarters** offers health care insurance by assisting with Medi-Cal, Healthy Families, and Cal Kids applications for children. 517 3rd Street, Eureka. 442.6066.

**Humboldt Community Switchboard** can direct anyone to services in Humboldt County. Info: 441-1001 or [www.theswitchboard.org](http://www.theswitchboard.org).

**Humboldt Domestic Violence Services Support Groups;** all services are free. Support groups Thurs. eves and Fri. afternoons, with therapeutic childcare offered. Info & child care: 444-9255. 24-hour crisis line: 443-6042 or toll free 866-668-6543.

**Humboldt Literacy Project,** to improve adult reading skills necessary to function on the job, in the family, & in the community. Free & confidential. Info: 445-3655 or [www.humlit.org](http://www.humlit.org).

**Nature-Based Spiritual Queers (GLBT)** pagan, Native American traditions, etc. Newcomers welcome. phone 269-7044.

**North Coast Rape Crisis Team;** 24 hour crisis line: 445-2881. Business phone: 443-2737.

**Ongoing: Drop-in Grief Support Groups.** Hospice offers free, drop-in grief support groups in Arcata, Eureka, Fortuna and McKinleyville. These groups are open to anyone in the community experiencing grief and loss of a loved one. Info and schedules: 445-8443.

**Ongoing: Volunteer Center of the Redwoods (VCOR):** The Drop of a Hat Brigade connects volunteers of all ages with one time and short-term events. RSVP provides benefits such as limited mileage reimbursement for volunteers ages 55 and older. Info on these and other volunteer opportunities: 442-3711 or [www.a1aa.org/VCOR/](http://www.a1aa.org/VCOR/).

**The Area 1 Agency on Aging** sponsors many senior programs. Info: 442-9591 or [www.a1aa.org](http://www.a1aa.org).

**The Emma Center** Advocacy, support, referral services, library, and classes for trauma and abuse survivors. 920 Samoa Blvd. Suite 207, Arcata. Info: 825-6680 or [info@emmacenter.org](mailto:info@emmacenter.org) or [www.emmacenter.org](http://www.emmacenter.org).

**Vision Loss Services;** Lighthouse of the North Coast, solutions for living with vision loss. Info: 268-5646 or [www.lighthouse-sf.org](http://www.lighthouse-sf.org).