



The HOPE Coalition

Humboldt Organized for Peace & the Environment

"Working in partnership toward the development of a diverse, just, & sustainable community."

Calendar of Happenings in Humboldt County Inside

Newsletter Editorial Page – June 28, 2011

Waging Another Unconstitutional War

by Ralph Nader

The meticulous Harvard Law Review editors should be rolling over in their footnotes. The recidivist violations of constitutional and statutory requirements by their celebrated predecessor at that journal—Barack Obama has reached Orwellian dimensions in the war against Libya.

You see, the widespread daily bombing of Libya, the strict naval blockade of Muammar Gadhafi-controlled Libya, the destruction of Gadhafi's family compound and tent encampment in the desert—killing his son and three grandchildren—and the deployment of special forces inside Libya is not a "War." It is in the Obama White House's evasive nomenclature just a "time-limited, scope-limited military action" Can you find that phrase in the Constitution?

If Obama used the word "War," he would have a more difficult time explaining to Congress and the American people (three out of four oppose this war) why he did not (1) seek a declaration of war under Article I, section 8, clause 11 of the Constitution, or (2) seek Congressional authorization for appropriated funds to further the war with our NATO co-warriors, or (3) comply with the deadlines of the War Powers Resolution. He threw all three lawful restraints on his Presidential unilateralism overboard.

So, in the invidious tradition of George W. Bush and his indentured confessor, Justice Department lawyer, John Yoo, now comfortably ensconced on the law faculty of the University of California Berkeley, Mr. Obama is blithely claiming as authority for taking our country into another war "the inherent powers of the President under Article II of the Constitution." This wouldn't pass the laugh test by Jefferson, Madison, Franklin Mason or even Hamilton. James Madison believed placing the war-declaring power in the exclusive hands of Congress was the most significant achievement during the convention in Philadelphia that summer of 1787. No more King George substitutes for America's future, they demanded.

Note that Libya did not attack the U.S. or its appendages, and did not attack a member of NATO. Obama admits these points. Libya's trusting government sovereign fund even left \$37 billion in the U.S. which Obama promptly froze. Lacking even the prevaricatory pretenses for Bush's illegal invasion of Iraq in 2003, Obama and Hillary Clinton now say the U.S. is militarily involved "to protect our interests and advance our values" in the region and, of course, to protect the "universal rights" of the Libyan people. (Opportunities abound for this Obama doctrine around the world from the Congo to Syria, to Burma, to occupied Palestine and many other areas.)

Desperately seeking legitimacy, Mr. Obama cites the UN resolution, NATO, and the Arab League instead of seeking it from Congress. For all treaties with foreign countries, including the UN Charter, are trumped by the U.S. Constitution (Reid v. Covert, 354 U.S. 1 (1957)). As a former teacher of constitutional law, the President knows this basic principle but then, as Lord Acton declared: "Power corrupts and absolute power corrupts absolutely."

Congress, rendered a rubber stamp by President George W. Bush, is bestirring itself. On June 3, 2011, the House of Representatives passed H.R. Res 292 declaring that the President shall not deploy, establish, or maintain the presence of units and members of the United States Armed Forces on the ground in Libya. On this matter, Obama pleads state secrets.

On June 16, 2011, ten members of the House—five conservative Republicans (including Walter B. Jones (Rep. N.C.) and Ron Paul (Rep. Texas) and five Democrats (including Dennis Kucinich (Dem. Ohio) and John Conyers (Dem. Mich.)—filed suit against President Obama in federal district court for an order declaring the U.S. war in Libya "without a declaration of Congress with the use of funds never approved for such a war" to be unconstitutional. Given past judicial decisions declaring members of Congress to have "no standing to sue" on what they call "political matters," this suit is facing an uphill barrier.

Congress has appropriated no money for this war, already costing nearly a billion dollars, nor has the lawless Obama asked for it because he knows there will be strong bi-partisan resistance.

So where is the Congress to go but to the courts to decide this internal, domestic issue affecting the separation of powers provoked by a clearly lawless President? The degraded, politicized, formerly professional, Office of Legal Counsel is a sleazy apologist for presidential overreaching for over two decades.

The expanding immunities of the Executive branch, now increasingly embracing the military contractors of the corporate state, is destroying the remaining pretensions that we are a nation under law. When he was inaugurated as President in January 2009, President Obama said he wanted his Administration to be known as one of "transparency and the rule of law." You'll recall during his 2008 campaign he trumpeted that he would obey the Constitution, inferring that the Republican regime was trampling the Rule of Law. [continued on page 4]

[All opinions in editorials, action items, & calendar items are those of the writers, submitters, and involved organizations; and not necessarily the opinions of the HOPE Coalition or its volunteers. HOPE will consider rebuttal editorials from the progressive viewpoint.]

PEACE NEWS

Monday, July 4: WILPF Annual Book Sale. Proceeds will benefit the Edilith Eckart Peace Scholarship Fund and the purchase of children's books that foster peace and social justice for local distribution. The sale will take place in the small area behind Tin Can Mailman on H Street, across from the Minor Theater, from 10 am - 6 pm. Info or book donations: 822-5711.

Tuesday, July 5: "Blood on the Tracks" Book Talk and Signing with Brian Willson. 7 pm at Northtown Books in Arcata. Free. Info: 822-2834 or www.bloodonthetracks.info.

2011 Peace Poetry Anthology Published. The 2011 Redwood Coast Peace Poetry Anthology, published by the Humboldt Bay chapter of Veterans For Peace, will be available soon at local bookstores. The collection, featuring work by twenty local high school students, is also available free at www.vfp56.org/2011Anthology.pdf.

ENTERTAINMENT, CELEBRATIONS, & CULTURE

Tuesdays, Ongoing: Arcata Tuesday Farmer's Market—New Location. The Tuesday Market is now in the parking lot of Pacific Outfitters at 7th and G Streets from 3:30 - 6:30 pm. Info: 441-9999.

Thursday - Sunday, June 30 - July 3: "Mary Jane: The Musical" at Dell'Arte's Mad River Festival. "MJM" promises to reflect the good, the bad, the funny and the sad, in new original songs born of our local marijuana culture. 8 pm in the outside amphitheater in Blue Lake. \$15, \$12, \$10. Info: 668-5663 or www.dellarte.com.

Saturday, July 2: "Rebel With a Cause" Bingo, benefiting the North Coast Resource Center and hosted by the Eureka Sisters of Perpetual Indulgence. Bingo, raffle, prizes for the best James Dean impersonation! 6 pm at the Bayside Grange. \$20. Info and tickets: 834-4832 or go to www.eurekasisters.org.

Monday, July 4: Old Town Eureka Celebration. Live performances, kid activities, vendors, food. Carnival at the foot of C St. starting at 10 am. Fireworks in the evening. Info: 442-9054.

Monday, July 4: WILPF Annual Book Sale. See Peace News, above.

Monday, July 4: Arcata Plaza Jubilee. Live performances, food, arts & crafts, information, and kids activities starting at 10 am. Fire show (not fireworks) at the Arcata Ballpark starting at 9 pm. Info: 822-3619.

Tuesday, July 5: "Based on the Book" Film Series: The Films of Robert Mitchum featuring "Cape Fear" (1962), starring Mitchum, Gregory Peck and Polly Bergen. Hosted by Wynston Jones. Free. 6:30 pm at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, www.humlib.org.

Tuesday, July 5: "Blood on the Tracks" Book Talk and Signing with Brian Willson. 7 pm at Northtown Books in Arcata. Free. Info: 822-2834 or www.bloodonthetracks.info.

Thursday, July 7: Eureka Summer Concert Series, featuring Memphis Exchange. 6 pm at the C Street Market Square, foot of C St. in Eureka. Free. Info: 442-9054.

Saturday, July 9: Blue Ox Millworks and Historic Park Open House. Celebrate their 20th Anniversary with live music, food, crafts, displays and demonstrations by students from the Blue Ox Community School in blacksmithing, woodworking, printmaking and pottery. Free. 10 am - 4 pm at First and X in Eureka. Info and schedule of events: www.blueoxmill.com or 444-3437.

Saturday and Sunday, July 9 and 10: Annual WoodFair, featuring exhibits, workshops, free demonstrations and food. 9 am - 5 pm at Almquist Lumber. Free. Info: 825-8880 or 768-1975.

Monday, July 11: Open Mike at Poets on the Plaza. Original poetry, 5-minute time limit, no music. All ages. \$1 donation. 8 pm, sign-up 7:30 pm at the Plaza Grill View Room, 2nd Floor at the Jacoby Storehouse in Arcata.

Tuesday, July 12: "Based on the Book" Film Series: The Films of Robert Mitchum featuring "The Night of the Hunter" (1955), starring Mitchum, Shelley Winters and Lillian Gish. Hosted by Charlie Myers. Free. 6:30 pm at the Humboldt County Library, 1313 3rd St., Eureka. Info: 269-1910, www.humlib.org.

CHILDREN, YOUTH & ALL AGES

Mondays - Fridays through August 19: 2011 Summer Lunch Program: Free sack lunches for children up to age 18. No registration or pre-approval required. Distribution takes place at many sites around Humboldt County. Info: Nicole Gribi at 445-3166 ext. 309 or www.foodforpeople.org.

Saturday, July 2: KEET's Kids Club at the Morris Graves Museum of Art, featuring short stories and art activities geared to youth 2 - 8 years old. Every family takes home a free book. Free. Noon to 2 pm. Info: 442-0278.

Saturday, July 9: Second Saturday Family Arts Day. Activities for youth and families, including performances, hands-on arts projects, & interactive storytellers. Put on by the Humboldt Arts Council at the Morris Graves Museum. 2 - 4 pm at 636 F St., Eureka. Info: 442-0278.

Wednesdays, Ongoing: Summer Reading Club Activities. All children are welcome to join this free program. Children in the club stretch their minds and keep up their reading skills over the summer while reading, doing crafts, hearing stories and songs and enjoying visiting performers. 1:30 pm at the Humboldt County Library, 1313 3rd St., Eureka. Free. Info: 269-1910, www.humlib.org.

PROTECT THE EARTH & ITS LIVING CREATURES

Saturdays and Sundays in July: Free Humboldt Bay Exploration Tours. Humboldt Baykeeper invites you aboard their Boston Whaler for free natural history tours of Humboldt Bay. Knowledgeable community volunteers share their expertise and enthusiasm for Humboldt Bay in an hour-long tour. Great for kids or visitors- sign up early. Info or to reserve a tour: 268-8897 or email vanessa@humboltdbaykeeper.org.

Sunday, July 10: Free Public Field Trip To The Humboldt Bay National Wildlife Refuge. This leisurely, 2- to 3-hour trip is intended for people wanting to learn the birds of Humboldt Bay area. Meet at Refuge Visitor Center off Hookton Road at 9 am. Info: David Fix at 825-1195.

Friends of the Arcata Marsh Forming Marsh Work Day “On-Call Brigade.” The organization hopes to schedule one day a month devoted to removing invasive plants, picking up garbage, or other clean-up tasks that need to be done at the Marsh. Times are being worked out. If you have an interest in participating at all, contact George at 826-9240 or geoz@humboldt1.com.

Saturdays, Ongoing: Redwood Region Audubon Society Free Public Field Trips at the Arcata Marsh and Wildlife Sanctuary. Rain or shine, docent-led field trips. Meet with binoculars in the parking lot at the south end of I Street in Arcata at 8:30 am.

Saturdays, Ongoing: Friends of the Arcata Marsh Docent-Led Walks. A 90-minute, docent-led walk focusing on different topics of the marsh. 2 pm at the Interpretive Center on South G St. Info: 826-2359.

WORKSHOPS AND MISCELLANEOUS

Saturday, July 2: Household Hazardous Waste Collection. Maximum load limits for residents are 15 gallons or 125 pounds of hazardous waste. The cost for disposal is a flat fee of \$5. 9 am - 2 pm at the Hawthorne Street Transfer Station, 1059 W. Hawthorne Street, Eureka. Info: 441-2005.

Wednesday, July 6: Folklife Festival Volunteer Gathering. The Humboldt Folklife Society is seeking people who enjoy acoustic music to volunteer at the annual Folklife Festival, scheduled for July 17 - 23 in Blue Lake. Get the details, pizza and salad from 6 - 7:30 pm. Info and RSVP: Emily at 269-2061 or emily.sinkhorn@gmail.com.

Sunday, July 10: Democracy Unlimited Workshop: “Challenging Corporate Rule, Creating Democracy.” This introductory workshop teaches the history and context for corporate power and will help participants gain the skills and knowledge necessary to reclaim our democracy from corporations. Cost is \$25 - \$100 sliding scale; Pre-registration is required. Info: 269- 0984 or email info@DUHC.org.

Now, In Your Garden: “Plant a Row for the Hungry.” Join the national campaign, which encourages backyard gardeners to plant an extra row of food to donate to a local food pantry. Sponsored locally by Food for People. Info: 445-3166.

Brochure Regarding Donating and Recycling. The City of Arcata has produced a brochure (intended for departing college students) that lists many local options for donating, recycling or disposing of an assortment of household items. You can find “Hey Students; Don’t Dump and Run” at Arcata City Hall, the library, local Laundromats or www.cityofarcata.org. Info: 822-8184.

MEETINGS

Thursday, July 7: Humboldt County Human Rights Commission at 5 pm in Conference Room A in the County Courthouse. Anyone with interest in or concerns about human rights in Humboldt County is encouraged to attend. Members of the public are invited. Info: 668-4095.

TALK SHOWS, COMMENTARY, & MEDIA SPECIALS

“Thursday Night Talk” hosted by David Cobb of Democracy Unlimited airs every Thursday 7:30 - 8:30 pm on KHSU FM 90.5. It is a live call- in show, so it’s a great way to have your opinion heard by thousands of listeners. The studio line is 826-4805.



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Editorial: Page 1, **Calendar:** Pages 2 - 3, **Action Item:** this page.

Newsletter, **June 28, '11**. Vol. 17, Number 12. Published semi-monthly on 2nd & 4th Tuesdays; **next July 12, '11**. For calendar items PO Box 385, Arcata 95518 or e-mail to hopecoalition@igc.org. **Next deadline. July 7, '11**. Write or e-mail for sample newsletter. Newsletter volunteers: Dave Keniston, Mara Segal, Mayer Segal, Michael Welch, Paloma Orinoco. Web site: www.hopecoalition.org.

Waging Another Unconstitutional War [continued from page 1]

Indeed in 2007, then Senator Barack Obama stated that "the president does not have any power under the Constitution to unilaterally authorize a military attack in a situation that does not involve stopping an actual or imminent threat to the nation." Vice President Biden was even more vehement on this issue. And Secretary of Defense Robert Gates originally opposed the attack on Libya before falling in line.

Gadhafi's dictatorship is a brutal one. Civil wars are brutal. People are dying and suffering. The country is being torn apart. Obama and NATO are not adequately testing offers for a truce and supervised elections. Top level officials are defecting from Gadhafi and hoping to help lead any successor government.

Regimes brutalize their people whether as dictatorships, authoritarian rulers connected with dominant oligarchies, or through racial, religious, or other sectarian repressions. Is the U.S., mired in deep recession, debt, and its own kleptocracy, going to continue to police the world with bases, interventions, subversions, or occupation?

The cause of human rights everywhere, needs a permanent, well-quipped professional United Nations peace-keeping force and effective international courts to prevent mass massacres and mass brutalities. That time is not near but it should be at the top of the agenda of civilized nations.

The U.S., as the number one military superpower provoking antagonisms by its penchant for control throughout the world, should not imperially advance our empire. It is that belief which is bringing Right and Left together, not just in Congress, but around the country.

Ralph Nader is a consumer advocate, lawyer, and author. His most recent book and first novel is Only The Super-Rich Can Save Us. His most recent work of non-fiction is The Seventeen Traditions.

- - - HOPE Coalition Needs Your Support - - -

The Objective of the HOPE Coalition:

To synthesize & promote the individual visions of the organizations that make up Humboldt's environmentally & socially just community. These include, but are not limited to, the following organizations: Environmental, Social Justice, Peace, Labor, & Human Service.

Yes, I would like to help support the HOPE Coalition's newsletter and other efforts:

- \$25 \$50 \$100
 \$500 \$15 \$_____ other

Make checks to payable to: HOPE Coalition.

I wish to receive newsletter by
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Name _____

Address _____

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The HOPE Coalition • PO Box 385 Arcata, CA 95518 • hopecoalition@igc.org • www.hopecoalition.org

The HOPE Coalition Newsletter is available in Arcata at: the Co-op, & the Northcoast Environmental Center; at the main Humboldt, Arcata, McKinleyville, and Trinidad libraries; and at the Senior Center in Eureka.

HOPE Coalition Newsletter Insert—this insert contains regularly scheduled events. For special happenings and one-time events, see the regular calendar that follows the page one editorial.

PEACE NEWS

GI Rights Hotline; provides accurate, helpful military counseling and information on military discharges, AWOL and UA, and GI Rights. [www. Glrightshotline.org](http://www.Glrightshotline.org) or 877-447-4487.

Peace Vigils Fridays 5 - 6 pm on the Arcata Plaza. Mondays at 4 pm at the Courthouse in Eureka, 445-5100 ext. 215, ask for Jack. **Vets for Peace Silent Vigil**; Fridays, 5 - 6 pm: SW corner Arcata Plaza.

Vets for Peace, Humboldt Bay Chapter 56 meets 1st Thurs. at 7 pm: at 550 Union St. Arcata in the Common Room (next door to Equinox). Info: 826-7124.

Women in Black stand in silent vigil every **Friday 5 - 6 pm** at the **Arcata Plaza**, 8th & G, at the **Humboldt County Courthouse** (also Saturdays at noon), the **McKinleyville Shopping Center** on the grassy area out front, and **Fridays 4 - 5 pm** in **Trinidad** at the intersection of Scenic Dr. and Main St.

TALK SHOWS, WORKSHOPS & COMMENTARY

Access Humboldt: Public, education, & government media access. Cable channels 8, 10, 11 & 12. For program schedule, submission policies, and program request forms go to www.accesshumboldt.net. Call or email for further info. 476-1798 or info@accesshumboldt.net.

COMMENTARY on KEET TV Channel 13 445-8013: **Wide Angle** Tues. at 9 pm

NOW with David Brancaccio. Fri. at 8:30 pm:

COMMENTARY on KGOE 1480 am, 442-2000: **Thom Hartmann**, weekdays 9 am - noon.

Peter B. Collins, weekdays 3 - 6 pm. Progressive talk show from San Francisco.

COMMENTARY on KHSU, 90.5 fm, 826-6089. **Democracy Now!** with Amy Goodman: weekdays 9 - 10 am.

The Econews Report with Greg King. 1:30 pm Thursdays.

A World of Possibilities locally produced syndicated public affairs program. 1:30 pm Wednesdays. Info: 826-9111 ext. 18.

COMMENTARY on KMUD, 88.3 fm, 923-2513. **Counterspin**, Sunday 1 - 1:30 pm.

Alternative Radio, Mondays 9 am. Boulder-based award-winning weekly series with David Barsamian.

Animal Advocate, 2nd Thursday, 7 - 8 pm. Animal welfare issues. Info: Barbara Shultz at 986-7835, animaladvocate4@yahoo.com.

A World of Possibilities locally produced syndicated public affairs program. 9 am Tuesdays. Info: 826-9111 ext. 18.

Democracy Now! with Amy Goodman; noon, Mon. - Fri. Also 4 pm Access Humboldt Channel 12. Also 11 am on KIDE 91.3 fm. Also on Free Speech TV (FSTV) Mon. - Fri. midnight, 8 am, noon, or 7 pm.

Civil Liberties Monitoring Project Report; 1st Wednesday, 7 - 8 pm. 923-4646.

Politically Correct Week in Review, call-in radio show, 2nd, 4th, & 5th Mondays at 7 pm 923-3911.

All Things Reconsidered with Eric Kirk. 3rd Thursday at 7 pm.

Global Stuff call-in talk show with Jimmy Durchslag, last Friday, 7 - 8 pm.

PROTECT THE EARTH & ITS LIVING CREATURES

Adopt-the-Bay. Participate in a number of tasks aimed at maintaining a healthy Humboldt Bay. All welcome. Info: 443-0801.

Audubon Society Field Trips; Free field trips through the Arcata Marsh and Wildlife Sanctuary every Saturday at 8:30 am at the Klopp Lake parking lot (foot of I St. in Arcata). Bring your binoculars. Rain or shine. Info: 268-8052 or 822-3613.

Campus Center for Appropriate Technology; info: 826-3551.

Friends of the Dunes; Restoration workdays the first 3 Saturdays every month, 9 am - 1 pm. Info: 444-1397 or info@friendsofthedunes.org. Complete calendar: www.friendsofthedunes.org.

Friends of the Marsh guided interpretive walks every Saturday 2 pm at the Interpretive Center on South G St., Arcata. Info: 826-2359.

Redwood Alliance Climate Action Project. (Public meetings temporarily suspended until after the election.) Info: 822-6171, climatechange@redwoodalliance.org; www.redwoodalliance.org.

Wild Urban Gardeners! Meets Wednesdays at 7 pm, 1552 Spear Ave. in Arcata. Promoting food & native plant species, information about compost, greenhouses, seed banks, and community gardens. Info: 822-5861.

ARTS

Arcata Artisans Cooperative Gallery; H St. on the Plaza. Mon. - Sat. 10 - 6, Sun. 12 - 5. Info: 825-9133, www.arcataartisans.com.

Arts Alive! Eureka; first Saturday of the month at venues around town. Art, music, dance, refreshments. Info: 442-9054.

Arts! Arcata; second Friday of the month at venues around town and at HSU. Art, music, dance, refreshments. Info: 822-4500.

Clarke Historical Museum; 240 E St., Eureka. Info: 443-1947 or www.clarkemuseum.org.

First Street Gallery; 422 First Street, Eureka. Tuesday - Sunday from noon - 5 pm. Info: 443-6363 or www.humboldt.edu/~first.

Morris Graves Museum; 636 F St., Eureka. Wed. - Sun. 12 - 5 pm. www.humboldtarts.org

The Ink People; 411 12th St, Eureka. Hours: Tuesday - Saturday, 11 am - 4 pm. Info: 442-8413 www.inkpeople.org.

Westhaven Center for the Arts; 501 S. Westhaven Dr. Info: 677-0860, www.westhavenarts.org.

MEETINGS

Arcata's Committee on Democracy & Corporations meets the third Tuesday of each month and was established in response to Arcata's Measure F. Info: 822-5951 or www.cityofarcata.org.

Arcata's Nuclear Weapons Free Zone and Peace Commission. On indefinite hiatus due to lack of a quorum. Applications available at www.cityofarcata.org or at city hall. Info: 822-5951.

Commission on Status of Women meets 3d Tuesday at 6 pm. Call for place: 822-2502 or www.co.humboldt.ca.us/commissions/csw/.

Eureka Greens meet 3rd Saturday of every month. 3:30-5pm. 321 Coffee (321 Third St. in Old Town). Info: www.EurekaGreens.com.

Green Wheels; Mondays 6:30 pm at the Northcoast Environmental Center. Info: mail@green-wheels.org or www.green-wheels.org.

Humboldt County Human Rights Commission meets 2nd Tues. City Courthouse, Rm. B, Eureka, 6 pm. Info: 268-2548.

Humboldt Democratic Central Committee; 2nd Wednesday at 7 pm. 129 Fifth St. Info: 445-3366 or www.humboltdemocrats.org.

Humboldt Exchange Community Currency Project. Call for meetings: 269-0984.

Humboldt Watershed Council at NEC, 2nd and 4th Wednesdays, 7 - 9 pm. Info: sheds@humboldt1.com.

Mother Jones Club & Humboldt Communist Alliance. Call for meeting times: ncalview@igc.org or 839-3824.

NAACP; Monthly meetings: 3rd Sunday at 3:30 pm, Boys & Girls Club, 3015 J St., Eureka. Info: 268-8287.

North Coast IWW, the Wobblies meets every 3rd Wed. 6:30 - 8 pm at the Labor Temple, 840 E St., Eureka. Info: 725-8090.

Northern Humboldt Greens meet 2nd Tuesday of the month, 7 - 8 pm. Info: Shaye, 237-2790 or email arcata@greens.org.

Redwood Chapter ACLU meets 3rd Tuesday at noon at 917 Third St. in Eureka. Blog at redwoodaclu.blogspot.com. Info: 215-5385.

Sequoia Greens of southern Humboldt. Call for meetings: 923-4488 or encimer@hotmail.com.

Veterans for Peace (SoHum Chapter); 1st Tuesday of Each Month at 7 pm at Haynes Vets Hall, Garberville.

Vets for Peace (Humboldt Chapter 56); 550 Union St. Arcata in the Common Room (next door to Equinox) first Thursday of the month. Info: 826-7124.

Women's International League for Peace and Freedom (WILPF); meets the 4th Wednesday, location varies. Info: Sue at 822-3405 or suejh@humboldt1.com.

CHILDREN & YOUTH

Arts in the Afternoon; a free art studio for teens (6th - 12th grade). Open week days during the school year, 3 - 6 pm at Arcata Community Center. Sponsored by City of Arcata's Recreation Division. Info: 825-2028.

HSU's Natural History Museum, 1315 G St. Arcata. Closed to public, available for classroom visits. Info: 826-4478.

Humboldt County Library in Eureka Story Hour: 10 am Fridays & other programs. Info: Jo Ann Bauer, 269-1900.

Humboldt County Teen Court is looking for teen volunteers. Info: 444-0153.

Mondays, Fridays, & Saturdays: PULSE, new Teen Recreation Center; regular programming from 6 - 9 pm at the John Ryan Youth Center, 1653 J St, Eureka. Info: 268-1858.

Raven Project Queer Coffee House for Youth; Tuesday, 6:30 - 9 pm. Also, girls & women 10 - 24 years meet Wednesdays from 6:30 - 8:30 pm, 523 T St., Eureka, 443-7099.

COMMUNITY & WELL-BEING SERVICES

Buddhist Queers (lesbian, gay, bi, transsexual) Vipassana, Zen, etc. Beginners welcome. phone 269-7044.

Eureka Mindfulness Buddhist Meditation & Discussion. 2nd and 4th Wednesdays of each month. 7:15 pm First Christian Church 730 K St. Wheelchair accessible, fragrance free, beginners welcome. Info: 269-7044.

Fridays, Ongoing: Depression and Bipolar Support Alliance: Arcata Support Groups; free, voluntary, and open peer-support groups for those experiencing depression (seasonal, situational, or chronic) and/or mood swings. Open to the public. Family and friends are also welcome. 6 pm at the Arcata Library Conference Room. Info: 443-9659 or dbsahumb@sbcglobal.net.

Health Insurance and Advocacy Program (HICAP) provides objective information, help, and advocacy for people relying on Medicare. Info and appointments: 444-3000.

Healthy Kids Humboldt Enrollment Headquarters offers health care insurance by assisting with Medi-Cal, Healthy Families, and Cal Kids applications for children. 517 3rd Street, Eureka. 442.6066.

Humboldt Community Switchboard can direct anyone to services in Humboldt County. Info: 441-1001 or www.theswitchboard.org.

Humboldt Domestic Violence Services Support Groups; all services are free. Support groups Thurs. eves and Fri. afternoons, with therapeutic childcare offered. Info & child care: 444-9255. 24-hour crisis line: 443-6042 or toll free 866-668-6543.

Humboldt Literacy Project, to improve adult reading skills necessary to function on the job, in the family, & in the community. Free & confidential. Info: 445-3655 or www.humlit.org.

Nature-Based Spiritual Queers (GLBT) pagan, Native American traditions, etc. Newcomers welcome. phone 269-7044.

North Coast Rape Crisis Team; 24 hour crisis line: 445-2881. Business phone: 443-2737.

Ongoing: Drop-in Grief Support Groups. Hospice offers free, drop-in grief support groups in Arcata, Eureka, Fortuna and McKinleyville. These groups are open to anyone in the community experiencing grief and loss of a loved one. Info and schedules: 445-8443.

Ongoing: Volunteer Center of the Redwoods (VCOR): The Drop of a Hat Brigade connects volunteers of all ages with one time and short-term events. RSVP provides benefits such as limited mileage reimbursement for volunteers ages 55 and older. Info on these and other volunteer opportunities: 442-3711 or www.a1aa.org/VCOR/.

The Area 1 Agency on Aging sponsors many senior programs. Info: 442-9591 or www.a1aa.org.

The Emma Center Advocacy, support, referral services, library, and classes for trauma and abuse survivors. 920 Samoa Blvd. Suite 207, Arcata. Info: 825-6680 or info@emmacenter.org or www.emmacenter.org.

Vision Loss Services; Lighthouse of the North Coast, solutions for living with vision loss. Info: 268-5646 or www.lighthouse-sf.org.