

The HOPE Coalition

Humboldt Organized for Peace & the Environment

"Working in partnership toward the development of a diverse, just, & sustainable community."

Calendar of Happenings in Humboldt County Inside

Newsletter Editorial Page – Mar. 24, 2009

I Miss John Lennon — by Maggie Koren

He was an influential champion for peace and, sadly for the world, he died prematurely—before his work for peace was complete. Peace advocates have always been “undermined” basically because they get in the way of making profit, making many of them enemies of the state! What most advocates for peace do is protest, and protest fiercely. In the last few years the huge protest marches have received little media coverage, and when they do, it is the unrelated occurrence of non-peaceful activity that gets printed. The members of Code Pink work creatively to bring the voice for peace from the streets into the legislative chambers, often causing disruption. They find themselves on the national news, though many times in a less than positive way. Anger is understandable, but rather than take “anti” positions, it might be more productive to take proactive positions. Medea Benjamin does this through The Global Exchange to fight injustice at its root cause, poverty. This is peace in action. We can all do this by support programs for restorative justice in our counties and peaceful conflict resolution, using nonviolent communication in our schools and institutions—including the military.

John Lennon’s words “War is over if you want it” are true. Knowing that “war is not the answer,” it is obvious that working proactively using proven strategies for peace is the way to prevent the state of mind that causes violence. Peace begins with the individual. Peace is the way—and the best way to end wars or any form of violence is to solve them at the root cause through dialogue, where all parties of the dispute are represented at the table. We need a global, proactive peace movement.

Fortunately, we have one and it is called the United Nations. We have forgotten that this huge organization was formed to counter the ideas and policies that lead to conflict and war. The fact that it has been grossly undermined and under funded, particularly due to US foreign policies, has not been helpful. Serious peace advocates need to do everything possible to strengthen and support the UN, the largest international body for human rights and justice with the ultimate goal of peace in the world. It needs input by the people of the world. Unless we become active in supporting it, it shall be lost, just as we almost lost our democracy.

Many peace activists, and I am one of them, sit at their computers for hours reading and signing on to the countless important issues and legislation of the day. We are fortunate to have the internet, to have this tool which connects us to the organizations that effect change. The UNA-USA, a nonpartisan organization, is one of these, and is the leading center for support of UN policies: policies that effect us nationally and globally. I urge all serious peacemakers to become a member of the UNA, and support the UN agenda by restoring US credibility through global cooperation. There are 6 critical issues on their agenda for this year: 1) strengthening the US/UN relationship, 2) advancing human rights and international justice, 3) renewing and strengthening the resolve of the UN (as we have learned all too well, government bureaucracies do not work well without public understanding, scrutiny, and input), 4) building international consensus on climate change, 5) achieving 8 “Millennium Development Goals,” and 6) promoting arms control and disarmament. Find more details at www.unausa.org. You can hear more about the tremendous work of the UNA-USA from its President William Luers at www.unausa.org/Page.aspx?pid=311 in which he states that “everything that happens in this world has a UN connection.”

This is why another organization, The Global Alliance for Ministries and Departments of Peace are creating a resolution for the UN General Assembly. The resolution will actively encourage UN Member States to establish Departments or Ministries of Peace within their government structures so people across the planet, can promote a culture of peace and nonviolence. Supporting the largest international institution for peace and providing oversight as needed, will be the most concrete way to peace. If the UNGA were to pass the resolution we would begin to have balance in governments around the world. Instituting the policies that a cabinet level Ministry or Department of Peace will provide, will change the public mindset. War and violence are not inevitable, we have a choice. Obscene amounts of money, our tax dollars, go to the Department of Defense and its corporate partners, but almost nothing goes toward proven strategies for peace which would help us at home and abroad. For more info, www.mfp-dop.org.

If John Lennon were alive today I believe he would be working with our national campaign for the Department of Peace Legislation HR 808 along with his wife, Yoko Ono who helped The Peace Alliance get recognized through the Change.org website that was set up last year for our then President Elect Obama. The profound empathy John Lennon had for the injustices so many people across the planet, endure, would lead him to support the work of the Global Alliance for Ministries and Departments of Peace.

Not only is it time, it makes sense. IMAGINE.

Written by Maggi Koren, a proactive volunteer for peace through www.mfp-dop.org



PEACE NEWS

Friday, March 27: Beer and Bread 2009: Benefit Beer Tasting and Auction for Redwood Peace and Justice Center. Proceeds to benefit Measures F and J legal defense and HCCO/GI Rights Hotline. 5:30 - 7:30 pm at the Arcata Vet's Hall, 14th and J Street, Arcata. Tickets \$15 at the door. 21 and over. Info: 822-5947, ext 100.

Saturday, April 11: Amy Goodman of Democracy Now in a speaking presentation. 8 pm at the Kate Buchanan Room at HSU. Tickets and info: 826-3928.

Wednesday, April 15: Tax Day Demonstration at Arcata Post Office. Join demonstrators. Literature will show just where your tax dollars go. Take part in the penny poll to show where you'd like it to go. Monitors are needed to help, leave message with Dave Keniston at 498-4763.

The Redwood Peace & Justice Center Board has closed the Center's doors. Info: staff@rpjc.net or www.rpj.net.

ENTERTAINMENT, CELEBRATIONS, & CULTURE

Friday, March 27: Beer and Bread: Benefit Beer Tasting and Auction for Redwood Peace and Justice Center. Proceeds to benefit Measures F and J legal defense and HCCO/GI Rights Hotline. 5:30 - 7:30 pm at the Arcata Vet's Hall, 14th and J Street, Arcata. Tickets \$15 at the door. 21 and over. Info: 822-5947, ext 100.

Saturday, March 28: Clowns Without Borders Benefit Performance. 2 pm and 8 pm at Redwood Raks (in the Old Creamery Building), Arcata. \$10, \$8. Info: 845-5842.

Saturday, March 28: Manila Plant Exchange. Bring seeds, starts and plants to trade. An eco-bookstore, garden work party, raffle and a polenta lunch (\$3) will also be available. 11 am - 3 pm at the Manila Community Center. Info: 476-8173.

Saturday, April 5: McKinleyville Land Trust Annual Dinner featuring guest speaker Amy Stewart speaking on her new book, *Wicked Plants*. 6 - 8 pm at Azalea Hall in McKinleyville. Chicken and veggie options. \$20, \$15, \$10. Info and reservations: 839-LAND.

Saturday, March 28: Artware Affair 2009: Samba! The major fundraiser for The Ink People Center for the Arts will feature appetizers, desserts, drinks and an auction of art from the North Coast. 5 - 10 pm at the Wharfinger Building, Eureka. \$40. Info: 442-8413.

Sunday, March 29: HSU Music Dept. Senior Voice Recitals at 1 pm (Jessica Malone) and 3 pm (Jerilyn Phippeny) in the Fulkerson Recital Hall, HSU. Free. Info: 826-3456.

Sunday, March 29: Cesar Chavez Day Celebration, a bilingual celebration that honors Mexican-American traditions and culture. The event is free, with food donated by local restaurants and stores. 1 - 5 pm at the Arcata Community Center. Info: 822-7091

Sunday, March 29: HSU Music Dept. Guest Artists: Gamelan Sekar Sequoia. 8 pm in the Fulkerson Recital Hall, HSU. \$8, \$5. Info: 826-3456.

Thursday, April 2: First Thursday Film Series: "Made in America." Stacy Peralta's bracing film grimly examines the causes and nature of the decades-long gang strife in South Central Los Angeles. Free admission. 6 - 7:30 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278 or www.humboldtarts.org.

Friday, April 3: League of Women Voters State of the Community Luncheon, honoring Carol Jacobson and The Eureka Symphony and the Arcata/Eureka Community Recycling Centers. Noon - 1:30 at the Adorni Center. Tickets and info: 444-9252.

Friday and Saturday, April 3 and 4: California Big Time and Social Gathering. Free public event featuring Native American food, storytellers, dancers, American Indian Arts and Crafts, and more. Opening ceremonies start at 6 pm on Friday. Schedule and info at www.humboldt.edu/~naseit or 826-4994.

Saturday, April 4: PlanItGreen Conference, a North Coast Regional energy alternatives conference featuring a series of workshops and lectures. Free. 9 am - 7 pm at the Arcata Community Center. Info and schedules: 497-8637 or www.humboldtplanitgreen.com.

Saturday, April 4: Film Presentation; "Unrepentant," telling about the genocide against Native children in Canadian residential schools. Discussion with filmmaker Kevin Annett will follow. 4 pm in Science Bldg. Room 133, HSU. Free. Info: 826-3711.

Sunday, April 5: Los Bagels 25th Anniversary Bash, featuring a BBQ dinner, kid's activities, dancing to Ponche and more in a benefit for Green Wheels, Humboldt Baykeeper, and Planned Parenthood. 4 - 10 pm at the Arcata Community Center. \$15, \$11. Info: 822-3483, ext 307.

Saturday, April 11: Northcoast Environmental Center Art Auction and Dinner. Dinner by Abruzzi, live music and a wide variety of art, goods and services to bid on. Doors open at 5 pm at the Arcata Community Center. Info: 822-6918 or www.yournec.org.

Thursday, April 16: HSU Sustainable Futures Speaker Series with Adam R. Brandt speaking on "Avoiding High Greenhouse Gas Emissions from Future Transportation Fuels: The Case of Oil Shale." 5:30 pm at BSS 166 on the HSU campus. Free. Info: 826-4345.

Sunday, April 19: Quarterly Breakfast at the Bayside Grange; supports the repairs and improvements at Bayside's historic community center. Live music and a gourmet breakfast menu including: meat and veggie options. 8 am to noon. Info: 822-9998.

CHILDREN, YOUTH & ALL AGES

Saturday, March 28: 2009 Kids Health Fair, featuring games, activities, cooking demonstrations, and more to help kids and families get fit and stay healthy. 10 am - 2 pm at the Arcata Community Center. Free. Info: 822-7091.

Saturday, April 4: KEET's Kids Club at the Morris Graves Museum of Art, featuring short stories and art activities geared to youth 2 - 8 years old. Every family takes home a free book. April's book is "the Surprise Garden." Free. Noon to 2 pm. Info: 442-0278.

PROTECT THE EARTH & ITS LIVING CREATURES

Saturday, March 28: Free Sierra Club Hike at Trinidad State Beach. The 3-mile, level hike will go through stands of cypress, shore pine, and Sitka spruce and out to Elk Head with vistas of Trinidad Head and Pewetole Island. Carpool from Arcata Safeway at 9:30 am or meet at Trinidad State Beach parking lot at 10 am. Info: AI at 482-0520.

Saturday and Sunday, March 28 and 29: Free Volunteer Training Workshop at Arcata Marsh, a training session for those interested in volunteering at the Arcata Marsh & Wildlife Sanctuary. Experts will teach attendees about birds, plants, wetlands, invertebrates, history, wastewater treatment process, and how to lead tours via lectures and field trips. Pre-registration required. Info: 826-2359.

Thursdays, April 2 and 9: Movie Night at the NEC. Call for featured films." 7 pm at the NEC, 1465 G St, Arcata. Free; pizza and beer available for purchase. Info: 822-6918.

Friends of the Arcata Marsh Launches Website. Friends of the Arcata Marsh (FOAM) announces that it has launched its website at www.arcatamarshfriends.org. The site contains information about FOAM's educational and community outreach efforts, volunteer opportunities, publications, a membership form, and calendar of events.

Saturdays, Ongoing: Free tours of the Arcata Marsh and Wildlife Sanctuary. Rain-or-shine, docent-led field trips. Meet with binoculars in the parking lot at the south end of I Street in Arcata at 8:30 am.

Saturdays, Ongoing: Friends of the Arcata Marsh Docent-Led Walks. A 90-minute, docent-led walk focusing on different topics of the marsh. 2 pm at the Interpretive Center on South G St. Info: 826-2359.

WORKSHOPS, CLASSES, MISCELLANY

Saturday, March 28: The Revolution Will Not Be Microwaved: Food and Democracy Workshop. Participants will address how corporations grew to dominate food and agriculture systems, and how people can cultivate local, healthy food in their own communities. 1 to 4 pm at Redwood Roots Farm in Bayside, next to the Unitarian Fellowship Church. Info: 269-0984.

Every Tuesday, 3:30 to 7:30 pm: Tax Help! Free tax assistance from the VITA volunteers is available at the library every Tuesday. For low to moderate income people filing basic tax forms. Call 269-2016 ahead of time for an appointment, or email riches@rcaa.org. They will tell you what to bring to your appointment.

MEETINGS

Thursday, April 2: The Humboldt County Human Rights Commission meets. The Commission currently has four vacancies, and anyone interested in becoming a commissioner is urged to attend the meeting. The role of The Commission is to monitor instances of discrimination throughout the county and to be a liaison with The County Board of Supervisors in the effort to combat discrimination. 5 pm in Conference Room A in the Humboldt County Courthouse. Info: 668-4095.

Arcata's Nuclear Weapons Free Zone and Peace Commission. On indefinite hiatus due to lack of a quorum. Applications available at www.cityofarcata.org or at city hall. Info: 822-5951.

TALK SHOWS, COMMENTARY, & MEDIA SPECIALS

Regularly scheduled programs are now listed in the insert. Special programs or specific guests will be listed here.

"Thursday Night Talk" hosted by David Cobb of Democracy Unlimited airs every Thursday 7:30 - 8:30 pm on KHSU FM 90.5. It is a live call-in show, so it's a great way to have your opinion heard by thousands of listeners. The studio line is 826-4805.

"Conversation with Paul Mann," a new public affairs program covering national and international issues with local guests and callers. Tuesday evenings from 7:30 - 8:30 on KHSU FM 90.5. Studio line: 826-4805.

Bill Moyers Journal Interviews and news analysis on a wide range of issues. PBS, KEET TV Channel 13 on Fridays at 9 pm and Wednesdays at 11:30 am, or on the Internet at www.pbs.org/moyers/journal. Info: 445-0813 or www.keet.org.

Access Humboldt (Channels 8, 10, 11 & 12, public access TV, was ACAT, was APEG, was HCMC). For program schedule, submission policies and program request forms, go to www.accesshumboldt.net. To receive a weekly email with updates, call or email. Info: 476-1651 or julie@accesshumboldt.net.



HOPE Coalition Newsletter & Calendar, Mar. 24, 2009 **Page 4**
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Save paper & \$\$\$. Let us know if you would rather receive this by email.

Editorial: Page 1, **Calendar:** Pages 2 - 3, **Action Item:** this page.

Newsletter, **Mar. 24, '09**. Vol. 15, Number 6. Published semi-monthly on 2nd & 4th Tuesdays; **next Apr. 14, '09**. For calendar items PO Box 385, Arcata 95518 or e-mail to hopecoalition@igc.org. **Next deadline. Apr. 9, '09**. Write or e-mail for sample newsletter. Newsletter volunteers: Dave Keniston, Mara Segal, Mayer Segal, Michael Welch, Paloma Orinoco. Web site: www.hopecoalition.org.

"Chaotic Action is Preferable to Orderly Inaction"—Will Rogers

United States Of America vs. Cities Of Eureka & Arcata

Update On Defense Of Measures F & J – The Arcata & Eureka Youth Protection Acts

The City of Arcata is represented by Brad Yamauchi of the San Francisco firm of Minami and Tamaki, LLP, and by the Law Offices of Michael Sorgen, and City Attorney, Nancy Diamond.

The City of Eureka is represented by their City Attorney, Sheryl Schaffner, and by San Francisco attorney, Dennis Cunningham.

The proponents of the ballot measures, the Vote Yes on Measures F and J Committee, are seeking to intervene in the case with additional arguments in defense of the ordinances. Their attorney is Sharon Adams of Berkeley. All attorneys are offering their services pro-bono.

The cities have filed a counter-claim against the United States of America, asserting their right to enforce the Youth Protection Act. While the Department of Justice complaint contends that the Act is in violation of the supremacy clause of the US Constitution, the cities argue that, under the Ninth Amendment to the Constitution, people have a right to privacy and to protect their children from uninvited or inappropriate advances by anyone, including military recruiters. Further, under the Tenth Amendment, they have the right to enact and enforce ballot initiative ordinances.



In addition, the cities contend that the Optional Protocol on the Rights of the Child in Armed Conflict, as a treaty ratified by the United States Senate, has the standing of the Supreme Law of the Land, on equal footing with the US Constitution and any federal laws regulating military recruiting. Therefore, the Department of Defense may be required to not recruit minors into the armed forces.

If you have had first-hand, direct experience with military recruiters initiating contact with minors, please write up a detailed account of your experience, and send it to: info@stoprecruitingkids.org

These first-person accounts may be very important to a successful defense of the ordinances. ☺

For more information, go to: www.stoprecruitingkids.org

--- HOPE Coalition Needs Your Support ---

The Objective of the HOPE Coalition:

To synthesize & promote the individual visions of the organizations that make up Humboldt's environmentally & socially just community. These include, but are not limited to, the following organizations: Environmental, Social Justice, Peace, Labor, & Human Service.

Yes, I would like to help support the HOPE Coalition's newsletter and other efforts:

- \$25 \$50 \$100
 \$500 \$15 \$_____ other

Name _____

Address _____

Make checks to payable to: HOPE Coalition.

Email _____

I wish to receive newsletter by

- US mail Email Both

Phone _____

The HOPE Coalition - PO Box 385 Arcata, CA 95518 - hopecoalition@igc.org - www.hopecoalition.org

The HOPE Coalition Newsletter is available in Arcata at: the Co-op, & the Northcoast Environmental Center; at the main Humboldt, Arcata, McKinleyville, and Trinidad libraries; and at the Senior Center in Eureka.

HOPE Coalition Newsletter Insert—this insert contains regularly scheduled events. For special happenings and one-time events, see the regular calendar that follows the page one editorial.

PEACE NEWS

Peace Vigils Fridays 5 - 6 pm on the Arcata Plaza. Mondays at 4 pm at the Courthouse in Eureka, 445-5100 ext. 215, ask for Jack.
Vets for Peace Silent Vigil; Fridays, 5 - 6 pm: SW corner Arcata Plaza.
Vets for Peace, Humboldt Bay Chapter 56 meets 1st Thurs. at 7 pm: at the Arcata Marsh Commons. Info: 826-7124.
Women in Black stand in silent vigil every **Friday 5 - 6 pm** at the **Arcata Plaza**, 8th & G, at the **Humboldt County Courthouse** (also Saturdays at noon), the **McKinleyville Shopping Center** on the grassy area out front, and **Fridays 4 - 5 pm** in **Trinidad** at the intersection of Scenic Dr. and Main St.

TALK SHOWS, WORKSHOPS & COMMENTARY

Access Humboldt (Channels 10 & 12, public access TV). For program schedule, submission policies, and program request forms: www.accesshumboldt.net. Channel 12 schedule posted weekly in the Arcata Eye. Info: 476-1798.
COMMENTARY on KEET TV Channel 13 445-8013: **Wide Angle** Tues. at 9 pm
NOW with David Brancaccio. Fri. at 8:30 pm:
COMMENTARY on KGOE 1480 am, 442-2000: **Thom Hartmann**, weekdays 9 am - noon.
Peter B. Collins, weekdays 3 - 6 pm. Progressive talk show from San Francisco.
COMMENTARY on KHSU, 90.5 fm, 826-6089. **Democracy Now!** with Amy Goodman: weekdays 9 - 10 am.
The Econews Report with Greg King. 1:30 pm Thursdays.
A World of Possibilities locally produced syndicated public affairs program. 1:30 pm Wednesdays. Info: 826-9111 ext. 18.
COMMENTARY on KMUD, 88.3 fm, 923-2513. **Counterspin**, Sunday 1 - 1:30 pm.
Alternative Radio, Mondays 9 am. Boulder-based award-winning weekly series with David Barsamian.
Animal Advocate, 2nd Thursday, 7 - 8 pm. Animal welfare issues. Info: Barbara Shultz at 986-7835, animaladvocate4@yahoo.com.
A World of Possibilities locally produced syndicated public affairs program. 9 am Tuesdays. Info: 826-9111 ext. 18.
Democracy Now! with Amy Goodman; noon, Mon. - Fri. Also 4 pm Access Humboldt Channel 12. Also 11 am on KIDE 91.3 fm. Also on Free Speech TV (FSTV) Mon. - Fri. midnight, 8 am, noon, or 7 pm.
Civil Liberties Monitoring Project Report; 1st Wednesday, 7 - 8 pm. 923-4646.
Politically Correct Week in Review, call-in radio show, 2nd, 4th, & 5th Mondays at 7 pm 923-3911.
All Things Reconsidered with Eric Kirk. 3rd Thursday at 7 pm.
Global Stuff call-in talk show with Jimmy Durchslag, last Friday, 7 - 8 pm.

PROTECT THE EARTH & ITS LIVING CREATURES

Adopt-the-Bay. Participate in a number of tasks aimed at maintaining a healthy Humboldt Bay. All welcome. Info: 443-0801.
Audubon Society Field Trips; Free field trips through the Arcata Marsh and Wildlife Sanctuary every Saturday at 8:30 am at the Klopp Lake parking lot (foot of I St. in Arcata). Bring your binoculars. Rain or shine. Info: 268-8052 or 822-3613.
Campus Center for Appropriate Technology; info: 826-3551.
Friends of the Dunes; Restoration workdays the first 3 Saturdays every month, 9 am - 1 pm. Info: 444-1397 or info@friendsofthedunes.org. Complete calendar: www.friendsofthedunes.org.
Friends of the Marsh guided interpretive walks every Saturday 2 pm at the Interpretive Center on South G St., Arcata. Info: 826-2359.
Redwood Alliance Climate Action Project. (Public meetings temporarily suspended until after the election.) Info: 822-6171, climatechange@redwoodalliance.org; www.redwoodalliance.org.
Wild Urban Gardeners! Meets Wednesdays at 7 pm, 1552 Spear Ave. in Arcata. Promoting food & native plant species, information about compost, greenhouses, seed banks, and community gardens. Info: 822-5861.

ARTS

Arts Alive! Eureka; first Saturday of the month at venues around town. Art, music, dance, refreshments. Info: 442-9054.
Arts! Arcata; second Friday of the month at venues around town and at HSU. Art, music, dance, refreshments. Info: 822-4500.
The Ink People; 411 12th St, Eureka. Hours: Tuesday - Saturday, 11 am - 4 pm. Info: 442-8413 www.inkpeople.org.
Arcata Artisans Cooperative Gallery; H St. on the Plaza. Mon. - Sat. 10 - 6, Sun. 12 - 5. Info: 825-9133, www.arcataartisans.com.
Westhaven Center for the Arts; 501 S. Westhaven Dr. Info: 677-0860, www.westhavenarts.org.
First Street Gallery; 422 First Street, Eureka. Tuesday - Sunday from noon - 5 pm. Info: 443-6363 or www.humboldt.edu/~first.
Clarke Historical Museum; 240 E St., Eureka. Info: 443-1947 or www.clarkemuseum.org.
Morris Graves Museum; 636 F St., Eureka. Wed. - Sun. 12 - 5 pm. www.humboldtarts.org

MEETINGS

Arcata's Nuclear Weapons Free Zone and Peace Commission. On indefinite hiatus due to lack of a quorum. Applications available at www.cityofarcata.org or at city hall. Info: 822-5951.

Commission on Status of Women meets 3d Tuesday at 6 pm. Call for place: 822-2502 or www.co.humboldt.ca.us/commissions/csw/.

Eureka Greens meet 3rd Saturday of every month. 3:30-5pm. 321 Coffee (321 Third St. in Old Town). Info: www.EurekaGreens.com.

Green Wheels; Mondays 6:30 pm at the Northcoast Environmental Center. Info: mail@green-wheels.org or www.green-wheels.org.

Humboldt County Human Rights Commission meets 2nd Tues. City Courthouse, Rm. B, Eureka, 6 pm. Info: 268-2548.

Humboldt Democratic Central Committee; 2nd Wednesday at 7 pm. 129 Fifth St. Info: 445-3366 or www.humboltdemocrats.org.

Humboldt Exchange Community Currency Project. Call for meetings: 269-0984.

Humboldt Watershed Council at NEC, 2nd and 4th Wednesdays, 7 - 9 pm. Info: sheds@humboldt1.com.

Mother Jones Club & Humboldt Communist Alliance. Call for meeting times: ncalview@igc.org or 839-3824.

NAACP; Regular 3rd Sunday at 3:30 pm, **PAC** at 2:30 pm, Cooper Gulch Ctr., 8th & Myrtle, Eureka. Info: 268-8287 or 442-2638.

North Coast IWW, the Wobblies meets every 3rd Wed. 6:30 - 8 pm at the Labor Temple, 840 E St., Eureka. Info: 725-8090.

Northern Humboldt Greens meet 2nd Tuesday of the month, 7 - 8 pm. Info: Shaye, 237-2790 or email arcata@greens.org.

Redwood Chapter ACLU meets 3rd Thursday at noon at 917 Third St. in Eureka. Blog at redwoodaclu.blogspot.com. Info: 215-5385.

Sequoia Greens of southern Humboldt. Call for meetings: 923-4488 or encimer@hotmail.com.

Veterans for Peace (SoHum Chapter); 1st Tuesday of Each Month at 7pm at Haynes Vets Hall, Garberville.

Vets for Peace (Humboldt Chapter 56); 1st Thursday at 7 pm in Arcata. Info: 826-7124.

Women's International League for Peace and Freedom (WILPF); meets the last Monday, 7 - 9 pm at the Arcata Public Library, 500 7th St., Arcata. Info: Carol at 668-1901.

CHILDREN & YOUTH

Arts in the Afternoon; a free art studio for teens (6th - 12th grade). Open week days during the school year, 3 - 6 pm at Arcata Community Center. Sponsored by City of Arcata's Recreation Division. Info: 825-2028.

Cyber Tribe; a local non-profit business where youth can use and gain knowledge in computers. Open to age 12 - 19. Info: 826-1160.

HSU's Natural History Museum, 1315 G St. Arcata. Free drop-in programs on Saturdays at 1 pm. Program info: 826-4479.

Humboldt County Library in Eureka Story Hour: 10 am Fridays & other programs. Info: Jo Ann Bauer, 269-1900.

Humboldt County Teen Court is looking for teen volunteers. Info: 444-0153.

Mondays, Fridays, & Saturdays: PULSE, new Teen Recreation Center; regular programming from 6 - 9 pm at the John Ryan Youth Center, 1653 J St, Eureka. Info: 268-1858.

Raven Project Queer Coffee House for Youth; Tuesday, 6:30 - 9 pm. Also, girls & women 10 - 24 years meet Wednesdays from 6:30 - 8:30 pm, 523 T St., Eureka, 443-7099.

COMMUNITY & WELL-BEING SERVICES

Buddhist Queers (lesbian, gay, bi, transsexual) Vipassana, Zen, etc. Beginners welcome. phone 269-7044.

Health Insurance and Advocacy Program (HICAP) provides objective information, help, and advocacy for people relying on Medicare. Info and appointments: 444-3000.

Healthy Kids Humboldt Enrollment Headquarters offers health care insurance by assisting with Medi-Cal, Healthy Families, and Cal Kids applications for children. 517 3rd Street, Eureka. 442.6066.

Humboldt Community Switchboard can direct anyone to services in Humboldt County. Info: 441-1001 or www.theswitchboard.org.

Humboldt Domestic Violence Services Support Groups; all services are free. Info & child care: 444-9255. 24-Hour Crisis Line: 443-6042 or toll free 866-668-6543.

Humboldt Literacy Project, to improve adult reading skills necessary to function on the job, in the family, & in the community. Free & confidential. Info: 445-3655 or www.humlit.org.

Nature-Based Spiritual Queers (GLBT) pagan, Native American traditions, etc. Newcomers welcome. phone 269-7044.

North Coast Rape Crisis Team; 24 hour crisis line: 445-2881. Business phone: 443-2737.

The Area 1 Agency on Aging sponsors many senior programs. Info: 442-9591 or www.a1aa.org.

The Emma Center Advocacy, support, referral services, library, and classes for trauma and abuse survivors. 920 Samoa Blvd. Suite 207, Arcata. Info: 825-6680 or info@emmacenter.org or www.emmacenter.org.

Vision Loss Services; Lighthouse of the North Coast, solutions for living with vision loss. Info: 268-5646 or www.lighthouse-sf.org.

Ongoing: Drop-in Grief Support Groups. Hospice offers free, drop-in grief support groups in Arcata, Eureka, Fortuna and McKinleyville. These groups are open to anyone in the community experiencing grief and loss of a loved one. Info and schedules: 445-8443.

Ongoing: Volunteer Center of the Redwoods (VCOR): The Drop of a Hat Brigade connects volunteers of all ages with one time and short-term events. RSVP provides benefits such as limited mileage reimbursement for volunteers ages 55 and older. DOORS lends support to volunteers with disabilities. Info on these and other volunteer opportunities: 442-3711 or www.a1aa.org/VCOR/.

Fridays, Ongoing: Depression and Bipolar Support Alliance: Arcata Support Groups; free, voluntary, and open peer-support groups for those experiencing depression (seasonal, situational, or chronic) and/or mood swings. Open to the public. Family and friends are also welcome. 6 pm at the Arcata Library Conference Room. Info: 443-9659 or dbsahumb@sbcglobal.net.