



# The HOPE Coalition

## Humboldt Organized for Peace & the Environment

"Working in partnership toward the development of a diverse, just, & sustainable community."

### Calendar of Happenings in Humboldt County Inside

Newsletter Editorial Page – March 23, 2010

## Obama Signs Health Care Overhaul Into Law

by Jason Leopold, [www.truthout.org](http://www.truthout.org)

Following a year of fierce partisan debate that deeply divided Republicans and Democrats, President Barack Obama signed a \$940 billion health care bill into law Tuesday that will extend coverage to more than 30 million uninsured Americans and outlaw some of the health insurance industry's most controversial practices, such as dropping individuals from their plans when they get sick.

**But it's also a law that now requires Americans to purchase health insurance or pay a fine, a provision that has angered progressives who said the mandate is a gift to private health insurance companies.**

"Today, after almost a century of trying, today, after over a year of debate, today, after all the votes have been tallied, health insurance reform becomes law in the United States of America," Obama said at a signing ceremony, where he was flanked by Democratic leaders, including House Speaker Nancy Pelosi. "The bill I am signing will set in motion reforms that generations of Americans have fought for and marched for and hungered to see."

Obama said he was signing the bill into law "on behalf of my mother, who argued with insurance companies even as she battled cancer in her final days."

Pelosi said Obama's signature on the legislation "completed what the late Sen. Edward Kennedy called 'the great unfinished business of our society.'" She added that "health insurance reform will stand alongside Social Security and Medicare in the annals of American history."

Kennedy had been a staunch proponent of universal health care, and though the bill lacks the sweeping reforms he had championed, he supported Obama's efforts until his last days.

**Sen. John McCain (R-Arizona), the former GOP presidential candidate, said Republicans will not cooperate with Democrats on any piece of legislation "for the rest of this year."**

"They have poisoned the well in what they have done and how they have done it," McCain said during an interview Monday with KFYI radio in Arizona. It's worth noting that since Obama was sworn into office last year Republicans have refused to support most of the Democrats' legislative initiatives.

The buildup to Sunday's vote was marred by death threats against Obama on Twitter by a conservative blogger and racist and homophobic epithets directed at Democratic Reps. Barney Frank, who is openly gay, and John Lewis, who is African American, by Tea Party activists as the lawmakers entered the Capitol.

Nearly 10 hours later, the House passed the Patient Protection and Affordable Care Act, a version of the bill the Senate approved last December, by a vote of 219 to 212. All 178 Republicans and 34 Democrats voted against the measure.

From a policy standpoint, it is the most significant victory Democrats have achieved in nearly half a century. Overhauling the nation's health care system was the cornerstone of Obama's domestic agenda and has been the president's primary focus since he was sworn into office.

To secure enough votes to win passage of the bill, Obama said Sunday he will sign an executive order reaffirming that federal funds would not be used to subsidize abortions, a move aimed to appease pro-life Democrats such as Rep. Bart Stupak (D-Michigan), who vowed to oppose the legislation unless it included tougher anti-abortion language.

**A package of legislative fixes the House passed after the vote was immediately sent to the Senate where lawmakers will use the budgetary procedure known as reconciliation to win approval by a simple 51-vote majority and block a Republican-led filibuster.**

Senate Majority Leader Harry Reid said the goal is to pass the bill by Friday or Saturday.

While Republicans continued to rail against the bill (Republican National Committee Chairman Michael Steele called it a "socialist scheme" in a letter to supporters after Sunday's vote) and claim that it will bankrupt the country, despite a Congressional Budget Office analysis that said the legislation will reduce the deficit by \$138 billion over the next 10 years, there are some benefits that will kick in in six months now that it is signed into law.

For one, insurance companies will be prohibited from denying coverage to children who have a pre-existing condition. Young adults can remain on their parents' health insurance plans until they are 26 years old. Individuals who are uninsured and have a pre-existing condition can now obtain health insurance through a new program that expires when the new insurance exchanges open in 2014.

**The bill Obama signed into law does not include a "public option" or government-run plan to compete with private insurers.** The proposal was included in the Senate bill the House voted on last year, but stripped from the final bill at the urging of the White House so the measure would win the support of conservative Blue Dog Democrats whose votes were crucial in order to ensure the legislation passed.

(Continued on Page 4)

## PEACE NEWS

**Friday, March 26: Beer and Bread: Benefit Beer Tasting.** Micro brews can be sampled and discussed with brewers from some of the finest breweries in Northern California and Southern Oregon including our local brewers. Breads from local bakeries and a variety of spreads will be served. Proceeds to benefit HCCO/GI Rights Hotline. 5:30 - 7:30 pm at the Arcata Vet's Hall, 14th and J Street, Arcata. Tickets \$15 at the door. 21 and over. Volunteers needed. Info: 499-8301.

## ENTERTAINMENT, CELEBRATIONS, &amp; CULTURE

**Friday, March 26: Beer and Bread: Benefit Beer Tasting.** See Peace News, above.

**Friday and Saturday, March 26 and 27: Stories From Latin America with Storyteller Olga Loya,** celebrating the magic of los cuentos (stories) with folk tales, personal stories and myths from long ago, incorporating words, drum chants and song. 7 pm at the Arcata Playhouse, 1251 Ninth St. 2 pm Spanish only matinee on Saturday also. \$10, \$5. Info: 822-1575.

**Saturday, March 27: Lecture and Recital "Claire de Lune"** by visiting virtuoso pianist and professor Rika Uchida. 8 pm in the Fulkerson Recital Hall, HSU. \$8, \$3. Info: 826-3456.

**Saturday, March 27: March Equinox Barn Dance** featuring Tara Stetz and the Striped Pig Band sponsored by the Humboldt Folklife Society and the Emma Center. 7:30 - 11 pm at the Arcata Veterans Hall. \$7 general, \$6 HFS members and students; youth under 16 and seniors admitted free. Info: 822-5394.

**Sunday, March 28: Manila Plant Exchange.** Bring seeds, starts and plants to trade. An eco-bookstore, garden work party, raffle and lunch will also be available. 11 am - 4 pm at the Manila Community Center. Info: 476-8173

**Thursday, April 1: First Thursday Film Series: "The Horse Boy,"** about a couple's quest to Mongolia to help their autistic child. Free admission. 6 - 7:30 pm at the Morris Graves Museum, 636 F St., Eureka. Info: 442-0278 or www.humboldtarts.org.

**Saturday, April 3: 4<sup>th</sup> Annual North Coast Garden Event,** featuring 50 vendors, 8 lectures, self-guided garden tours, raffles, tea & cookies, all for \$2, \$1 for kids under 6. Separate wine tasting venue (\$5). Proceeds benefit Patrick's Point Garden Club & Trinidad Civic Club. 9 am - 5 pm at Trinidad Town Hall. Info: 496-5350 or www.northcoastgardening.com.

**Saturday, April 3: PlanItGreen Conference,** a North Coast Regional energy alternatives conference featuring hands-on workshops about topics ranging from backyard gardening and food preservation to green jobs and local economic development, as well as demonstrations, exhibits, music, electric vehicles, and a Kid's Zone. Free. 8 am - 8 pm at the Arcata Community Center. Info and schedules: 497-8637 or www.humboldtplanitgreen.com.

**Saturday, April 3: Invisible Children Benefit Concert.** Support the abolishment of child soldiers in Uganda while enjoying local bands. Raffle and homemade bake treats also available. 7 pm at the Kate Buchanan room at HSU. \$5, \$3. Info: Victor Reuther at vrd1@humboldt.edu.

**Sunday, April 11: Kenyan Speaker Eddie Mwanzia,** Executive Director of UONGOZI Center operating in Kibwezi, Kenya. Through knowledge, experience, capacity and partnership building they are currently addressing many issues of food security, HIV/AIDS, education, and environmental sustainability. 2 pm at the Morris Graves Museum in Eureka. Free. Info: 442-0278.

## CHILDREN, YOUTH &amp; ALL AGES

**Saturday, March 27: 2009 Kids Health Fair,** featuring games, activities, contests, cooking demonstrations, and more to help kids and families get fit and stay healthy. 10 am - 2 pm at the Arcata Community Center. Free. Sponsored by the City of Arcata and its Community Partners in Health. Info: 822-7091.

**Wednesday, March 31: World Class Storyteller Milibre Burch,** an award-winning, internationally known performer and recording artist, published poet and author, performing traditional folktales and original tales. Free. 6:30 pm at the Humboldt County Library, 1313 3<sup>rd</sup> St., Eureka. Info: 269-1910, www.humlib.org.

**Saturday, April 3: KEET's Kids Club at the Morris Graves Museum of Art,** featuring short stories and art activities geared to youth 2 - 8 years old. Every family takes home a free book. April's book is "Deep in the Swamp." Free. Noon to 2 pm. Info: 442-0278.

**Sunday, April 4: The Great Zoo Egg-stravaganza!** Learn about animals that flit and flutter, hatch from eggs and hop. Egg hunts, games, crafts, face painting and more. 10 am - 2 pm at Sequoia Park Zoo. Info and events schedule: 442-5649 or <http://www.sequoiaparkzoo.net/Eggstravaganza.html>.

**Saturday, April 10: Second Saturday Family Arts Day: "The Music Instinct; Science and Song."** Activities for youth and families, including performances, hands-on arts projects, & interactive storytellers. Put on by the Humboldt Arts Council at the Morris Graves Museum. 2 - 4 pm at 636 F St., Eureka. Info: 442-0278.

**Student Bird Art Contest,** sponsored by Redwood Region Audubon Society and Friends of the Arcata Marsh. \$500 in prizes will be awarded to students K - 12 who submit a drawing of one of 40 selected bird species. Artwork may be in color or black and white. Any media may be used (e.g., crayons, pastels, paint, pencil, collage). One entry per person. Info at the Arcata Marsh Interpretive Center and Strictly for the Birds in Old Town Eureka, [www.arcatamarshfriends.org](http://www.arcatamarshfriends.org) (click on Education link, then Student Bird Art Contest) or by sending a self-addressed stamped envelope to Louise Bacon-Ogden, 2337 B Street, Eureka 95501. Artwork must be received by Friday, March 26.

## PROTECT THE EARTH & ITS LIVING CREATURES

**Saturday and Sunday, March 27 and 28: Free Volunteer Training Workshop at Arcata Marsh**, a training session for those interested in volunteering at the Arcata Marsh & Wildlife Sanctuary. Experts will teach attendees about birds, plants, wetlands, invertebrates, history, wastewater treatment process, and how to lead tours via lectures and field trips. Pre-registration required. Info: 826-2359.

**Saturday and Sunday, April 10 and 11: Humboldt Baykeeper Docent Training.** Docents lead small-group, bay-oriented boat tours for people of all ages. Experienced docents will teach you about the history, ecology, geology and other aspects of Humboldt Bay, as well as how to convey your knowledge to others. Info and registration: 268-8897.

**Sunday, April 11: Humboldt Redwoods Day Hike** - Roadside stops and walks on several short trails in Humboldt Redwoods State Park should find milkmaids, western trillium, and, hopefully, fawn lilies, as well as other early bloomers under the magnificent redwoods of southern Humboldt County. Meet at 8:30 am at Pacific Union School (3001 Janes Rd., Arcata), 9 am at the McDonalds end of Bayshore Mall parking lot, or arrange another place. Dress for the weather, all sorts. Bring lunch and water. Return late afternoon. Please tell Carol you are coming 822-2015.

**Friends Of The Dunes Announces The Release Of The 2010 Humboldt Bay Beaches, Dunes And Wetlands Map And Guide.** Free guides are available at area visitor locations or on-line at: [www.friendsofthedunes.org](http://www.friendsofthedunes.org). The public may also request a free guide by sending a self-addressed, #10 envelope with 61¢ postage to: Friends of the Dunes, P.O. Box 186, Arcata, CA 95518. Info: 444-1397.

**Saturdays, Ongoing: Free tours of the Arcata Marsh and Wildlife Sanctuary.** Rain-or-shine, docent-led field trips. Meet with binoculars in the parking lot at the south end of I Street in Arcata at 8:30 am.

**Saturdays, Ongoing: Friends of the Arcata Marsh Docent-Led Walks.** A 90-minute, docent-led walk focusing on different topics of the marsh. 2 pm at the Interpretive Center on South G St. Info: 826-2359.

## WORKSHOPS, CLASSES, MISCELLANY

**Friday – Sunday, April 2 – 4: Democracy Unlimited Youth/Campus Training** specially designed for youth and campus activists. Students will be prepared to pass student government resolutions opposing Corporate Personhood, host their own "Teach-Ins," engage in creative street theater and Direct Action and participate in group process/decision-making. Info: 269-0984.

**Saturday, April 3: Household Hazardous Waste Collection.** Maximum load limits for residents are 15 gallons or 125 pounds of hazardous waste. The cost for disposal is a flat fee of \$5. 9 am – 2 pm at the Hawthorne Street Transfer Station, 1059 W. Hawthorne Street, Eureka. Info: 441-2005.

**Ongoing: Help Organize to prevent the legislative assault on in-home health care.** The Northcoast Arts & Disabilities Network is organizing both in-home care givers and their clients to educate the public and prevent further erosion of funding and support for home health care. For Support Groups, networking, and an email list server, contact Kelly at 822-7128.

## MEETINGS

**Thursday, April 1: The Humboldt County Human Rights Commission** meets at 5 pm in Conference Room A in the county courthouse in Eureka. Anyone with interest in or concerns about human rights in Humboldt County is encouraged to attend. Info: 668-4095.

## TALK SHOWS, COMMENTARY, & MEDIA SPECIALS

**"Thursday Night Talk" hosted by David Cobb of Democracy Unlimited** airs every Thursday 7:30 - 8:30 pm on KHSU FM 90.5. It is a live call-in show, so it's a great way to have your opinion heard by thousands of listeners. The studio line is 826-4805.

**"Conversation with Paul Mann,"** a new public affairs program covering national and international issues with local guests and callers. Tuesday evenings from 7:30 - 8:30 on KHSU FM 90.5. Studio line: 826-4805.

**Bill Moyers Journal** Interviews and news analysis on a wide range of issues. PBS, KEET TV Channel 13 on Fridays at 9 pm and Wednesdays at 11:30 am, or on the Internet at [www.pbs.org/moyers/journal](http://www.pbs.org/moyers/journal). Info: 445-0813 or [www.keet.org](http://www.keet.org).



**HOPE Coalition Newsletter & Calendar, Mar. 23, 2010** **Page 4**  
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**Editorial:** Page 1, **Calendar:** Pages 2 - 3, **Action Item:** this page.

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Newsletter, **Mar. 23, '10.** Vol. 16, Number 5. Published semi-monthly on 2nd & 4th Tuesdays; **next Apr. 12, '10.** For calendar items PO Box 385, Arcata 95518 or e-mail to [hopecoalition@igc.org](mailto:hopecoalition@igc.org). **Next deadline. Apr. 7, '09.** Write or e-mail for sample newsletter. Newsletter volunteers: Dave Keniston, Mara Segal, Mayer Segal, Michael Welch, Paloma Orinoco. Web site: [www.hopecoalition.org](http://www.hopecoalition.org).

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## Obama Signs Health Care Bill

(continued from page 1)

Meanwhile, three far-right lawmakers - Reps. Michelle Bachmann (R-Minnesota) and Steve King (R-Iowa) and Sen. Jim DeMint (R-South Carolina) - said they will introduce legislation to repeal the bill, a measure that does not have the votes to pass and one that Obama would never sign even if it did.

Just minutes after Obama signed the legislation into law, attorneys general from 13 states filed a lawsuit in Pensacola, Florida against the federal government, alleging the health care bill is unconstitutional. The lawsuit says "the Constitution nowhere authorizes the United States to mandate, either directly or under threat of penalty, that all citizens and legal residents have qualifying health care coverage." Bill McCollum, Florida's Attorney General, is leading the fight and has the support of attorneys general from South Carolina, Nebraska, Texas, Michigan, Utah, Pennsylvania, Alabama, South Dakota, Idaho, Washington, Colorado and Louisiana. The only Democratic attorney general who joined the 12 Republicans is James Caldwell of Louisiana.

"We are convinced that this legislation is fundamentally flawed as a matter of constitutional law, that it exceeds the scope of proper constitutional authority of the federal government and tramples upon the rights and prerogatives of states and their citizens," said David Rivkin, Jr., a former Justice Department official who worked in the administration of former President George H.W. Bush and is representing 13 of the states.

But it's unlikely the lawsuit will succeed as federal law overrides state law.

Still, McCollum said he's confident "that at the end of the day, the United States Supreme Court is going to declare this health care bill unconstitutional."

"To that I say, 'Bring it on,'" said White House domestic policy chief Melody Barnes, who cited similar suits filed over Social Security and the Voting Rights Act when those were passed. "If you want to look in the face of a parent whose child now has health care insurance and say we're repealing that ... go right ahead."

A new USA Today/Gallup poll released Tuesday found a majority of Americans view the health care bill favorably. "By 49%-40% those surveyed say it was 'a good thing' rather than a bad one that Congress passed the bill," USA Today reported. "Half describe their reaction in positive terms, as 'enthusiastic' or 'pleased,' while about four in 10 describe it in negative ways, as 'disappointed' or 'angry.'"

"The largest single group, 48%, calls the bill 'a good first step' that should be followed by more action on health care. An additional 4% also have a favorable view, saying the bill makes the most important changes needed in the nation's health care system."

### --- HOPE Coalition Needs Your Support ---

**The Objective** of the HOPE Coalition:

To synthesize & promote the individual visions of the organizations that make up Humboldt's environmentally & socially just community. These include, but are not limited to, the following organizations: Environmental, Social Justice, Peace, Labor, & Human Service.

Yes, I would like to help support the HOPE Coalition's newsletter and other efforts:

- \$25    \$50    \$100  
 \$500    \$15    \$\_\_\_\_\_ other

Make checks to payable to: HOPE Coalition.

I wish to receive newsletter by

- US mail    Email    Both

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The HOPE Coalition - PO Box 385 Arcata, CA 95518 - [hopecoalition@igc.org](mailto:hopecoalition@igc.org) - [www.hopecoalition.org](http://www.hopecoalition.org)

The HOPE Coalition Newsletter is available in Arcata at: the Co-op, & the Northcoast Environmental Center; at the main Humboldt, Arcata, McKinleyville, and Trinidad libraries; and at the Senior Center in Eureka.

**HOPE Coalition Newsletter Insert**—this insert contains regularly scheduled events. For special happenings and one-time events, see the regular calendar that follows the page one editorial.

## PEACE NEWS

**Peace Vigils** Fridays 5 - 6 pm on the Arcata Plaza. Mondays at 4 pm at the Courthouse in Eureka, 445-5100 ext. 215, ask for Jack.  
**Vets for Peace Silent Vigil**; Fridays, 5 - 6 pm: SW corner Arcata Plaza.  
**Vets for Peace, Humboldt Bay Chapter 56** meets 1st Thurs. at 7 pm: at the Arcata Marsh Commons. Info: 826-7124.  
**Women in Black** stand in silent vigil every **Friday 5 - 6 pm** at the **Arcata Plaza**, 8th & G, at the **Humboldt County Courthouse** (also Saturdays at noon), the **McKinleyville Shopping Center** on the grassy area out front, and **Fridays 4 - 5 pm** in **Trinidad** at the intersection of Scenic Dr. and Main St.

## TALK SHOWS, WORKSHOPS & COMMENTARY

**Access Humboldt**: Public, education & government media access. Cable channels 8, 10, 11 & 12. For program schedule, submission policies, and program request forms go to [www.accesshumboldt.net](http://www.accesshumboldt.net). Call or email for further info. 476-1798 or [info@accesshumboldt.net](mailto:info@accesshumboldt.net).  
**COMMENTARY on KEET TV** Channel 13 445-8013: **Wide Angle** Tues. at 9 pm  
**NOW** with David Brancaccio. Fri. at 8:30 pm:  
**COMMENTARY on KGOE** 1480 am, 442-2000: **Thom Hartmann**, weekdays 9 am - noon.  
**Peter B. Collins**, weekdays 3 - 6 pm. Progressive talk show from San Francisco.  
**COMMENTARY on KHSU**, 90.5 fm, 826-6089. **Democracy Now!** with Amy Goodman: weekdays 9 - 10 am.  
**The Econews Report** with Greg King. 1:30 pm Thursdays.  
**A World of Possibilities** locally produced syndicated public affairs program. 1:30 pm Wednesdays. Info: 826-9111 ext. 18.  
**COMMENTARY on KMUD**, 88.3 fm, 923-2513. **Counterspin**, Sunday 1 - 1:30 pm.  
**Alternative Radio**, Mondays 9 am. Boulder-based award-winning weekly series with David Barsamian.  
**Animal Advocate**, 2nd Thursday, 7 - 8 pm. Animal welfare issues. Info: Barbara Shultz at 986-7835, [animaladvocate4@yahoo.com](mailto:animaladvocate4@yahoo.com).  
**A World of Possibilities** locally produced syndicated public affairs program. 9 am Tuesdays. Info: 826-9111 ext. 18.  
**Democracy Now! with Amy Goodman**; noon, Mon. - Fri. Also 4 pm Access Humboldt Channel 12. Also 11 am on KIDE 91.3 fm. Also on Free Speech TV (FSTV) Mon. - Fri. midnight, 8 am, noon, or 7 pm.  
**Civil Liberties Monitoring Project Report**; 1st Wednesday, 7 - 8 pm. 923-4646.  
**Politically Correct Week in Review**, call-in radio show, 2nd, 4th, & 5th Mondays at 7 pm 923-3911.  
**All Things Reconsidered** with Eric Kirk. 3rd Thursday at 7 pm.  
**Global Stuff** call-in talk show with Jimmy Durchslag, last Friday, 7 - 8 pm.

## PROTECT THE EARTH & ITS LIVING CREATURES

**Adopt-the-Bay**. Participate in a number of tasks aimed at maintaining a healthy Humboldt Bay. All welcome. Info: 443-0801.  
**Audubon Society Field Trips**; Free field trips through the Arcata Marsh and Wildlife Sanctuary every Saturday at 8:30 am at the Klopp Lake parking lot (foot of I St. in Arcata). Bring your binoculars. Rain or shine. Info: 268-8052 or 822-3613.  
Campus Center for Appropriate Technology; info: 826-3551.  
**Friends of the Dunes**; Restoration workdays the first 3 Saturdays every month, 9 am - 1 pm. Info: 444-1397 or [info@friendsofthedunes.org](mailto:info@friendsofthedunes.org). Complete calendar: [www.friendsofthedunes.org](http://www.friendsofthedunes.org).  
**Friends of the Marsh** guided interpretive walks every Saturday 2 pm at the Interpretive Center on South G St., Arcata. Info: 826-2359.  
**Redwood Alliance Climate Action Project**. (Public meetings temporarily suspended until after the election.) Info: 822-6171, [climatechange@redwoodalliance.org](mailto:climatechange@redwoodalliance.org); [www.redwoodalliance.org](http://www.redwoodalliance.org).  
**Wild Urban Gardeners!** Meets Wednesdays at 7 pm, 1552 Spear Ave. in Arcata. Promoting food & native plant species, information about compost, greenhouses, seed banks, and community gardens. Info: 822-5861.

## ARTS

**Arcata Artisans Cooperative Gallery**; H St. on the Plaza. Mon. - Sat. 10 - 6, Sun. 12 - 5. Info: 825-9133, [www.arcataartisans.com](http://www.arcataartisans.com).  
**Arts Alive! Eureka**; first Saturday of the month at venues around town. Art, music, dance, refreshments. Info: 442-9054.  
**Arts! Arcata**; second Friday of the month at venues around town and at HSU. Art, music, dance, refreshments. Info: 822-4500.  
**Clarke Historical Museum**; 240 E St., Eureka. Info: 443-1947 or [www.clarkemuseum.org](http://www.clarkemuseum.org).  
**First Street Gallery**; 422 First Street, Eureka. Tuesday - Sunday from noon - 5 pm. Info: 443-6363 or [www.humboldt.edu/~first](http://www.humboldt.edu/~first).  
**Morris Graves Museum**; 636 F St., Eureka. Wed. - Sun. 12 - 5 pm. [www.humboldtarts.org](http://www.humboldtarts.org)  
**The Ink People**; 411 12th St, Eureka. Hours: Tuesday - Saturday, 11 am - 4 pm. Info: 442-8413 [www.inkpeople.org](http://www.inkpeople.org).  
**Westhaven Center for the Arts**; 501 S. Westhaven Dr. Info: 677-0860, [www.westhavenarts.org](http://www.westhavenarts.org).

## **MEETINGS**

**Arcata's Committee on Democracy & Corporations** meets the third Tuesday of each month and was established in response to Arcata's Measure F. Info: 822-5951 or [www.cityofarcata.org](http://www.cityofarcata.org).

**Arcata's Nuclear Weapons Free Zone and Peace Commission.** On indefinite hiatus due to lack of a quorum. Applications available at [www.cityofarcata.org](http://www.cityofarcata.org) or at city hall. Info: 822-5951.

**Commission on Status of Women** meets 3d Tuesday at 6 pm. Call for place: 822-2502 or [www.co.humboldt.ca.us/commissions/csw/](http://www.co.humboldt.ca.us/commissions/csw/).

**Eureka Greens** meet 3rd Saturday of every month. 3:30-5pm. 321 Coffee (321 Third St. in Old Town). Info: [www.EurekaGreens.com](http://www.EurekaGreens.com).

**Green Wheels;** Mondays 6:30 pm at the Northcoast Environmental Center. Info: [mail@green-wheels.org](mailto:mail@green-wheels.org) or [www.green-wheels.org](http://www.green-wheels.org).

**Humboldt County Human Rights Commission** meets 2nd Tues. City Courthouse, Rm. B, Eureka, 6 pm. Info: 268-2548.

**Humboldt Democratic Central Committee;** 2nd Wednesday at 7 pm. 129 Fifth St. Info: 445-3366 or [www.humboltdemocrats.org](http://www.humboltdemocrats.org).

Humboldt Exchange Community Currency Project. Call for meetings: 269-0984.

**Humboldt Watershed Council** at NEC, 2nd and 4th Wednesdays, 7 - 9 pm. Info: [sheds@humboldt1.com](mailto:sheds@humboldt1.com).

**Mother Jones Club & Humboldt Communist Alliance.** Call for meeting times: [ncalview@igc.org](mailto:ncalview@igc.org) or 839-3824.

**NAACP;** Regular 3rd Sunday at 3:30 pm, **PAC** at 2:30 pm, Cooper Gulch Ctr., 8th & Myrtle, Eureka. Info: 268-8287 or 442-2638.

**North Coast IWW, the Wobblies** meets every 3rd Wed. 6:30 - 8 pm at the Labor Temple, 840 E St., Eureka. Info: 725-8090.

**Northern Humboldt Greens** meet 2nd Tuesday of the month, 7 - 8 pm. Info: Shaye, 237-2790 or email [arcata@greens.org](mailto:arcata@greens.org).

**Redwood Chapter ACLU** meets 3rd Thursday at noon at 917 Third St. in Eureka. Blog at [redwoodaclu.blogspot.com](http://redwoodaclu.blogspot.com). Info: 215-5385.

**Sequoia Greens** of southern Humboldt. Call for meetings: 923-4488 or [encimer@hotmail.com](mailto:encimer@hotmail.com).

**Veterans for Peace (SoHum Chapter);** 1st Tuesday of Each Month at 7pm at Haynes Vets Hall, Garberville.

**Vets for Peace (Humboldt Chapter 56);** 1st Thursday at 7 pm in Arcata. Info: 826-7124.

**Women's International League for Peace and Freedom (WILPF);** meets the last Monday, 7 - 9 pm at the Arcata Public Library, 500 7th St., Arcata. Info: Carol at 668-1901.

## **CHILDREN & YOUTH**

**Arts in the Afternoon;** a free art studio for teens (6th - 12th grade). Open week days during the school year, 3 - 6 pm at Arcata Community Center. Sponsored by City of Arcata's Recreation Division. Info: 825-2028.

**HSU's Natural History Museum,** 1315 G St. Arcata. Closed to public, available for classroom visits. Info: 826-4478.

**Humboldt County Library in Eureka Story Hour:** 10 am Fridays & other programs. Info: Jo Ann Bauer, 269-1900.

**Humboldt County Teen Court** is looking for teen volunteers. Info: 444-0153.

**Mondays, Fridays, & Saturdays: PULSE, new Teen Recreation Center;** regular programming from 6 - 9 pm at the John Ryan Youth Center, 1653 J St, Eureka. Info: 268-1858.

**Raven Project Queer Coffee House for Youth;** Tuesday, 6:30 - 9 pm. Also, girls & women 10 - 24 years meet Wednesdays from 6:30 - 8:30 pm, 523 T St., Eureka, 443-7099.

## **COMMUNITY & WELL-BEING SERVICES**

**Buddhist Queers** (lesbian, gay, bi, transsexual) Vipassana, Zen, etc. Beginners welcome. phone 269-7044.

**Eureka Mindfulness Buddhist Meditation & Discussion.** 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of each month. 7:15 pm First Christian Church 730 K St. Wheelchair accessible, fragrance free, beginners welcome. Info: 269-7044.

**Fridays, Ongoing: Depression and Bipolar Support Alliance: Arcata Support Groups;** free, voluntary, and open peer-support groups for those experiencing depression (seasonal, situational, or chronic) and/or mood swings. Open to the public. Family and friends are also welcome. 6 pm at the Arcata Library Conference Room. Info: 443-9659 or [dbsahumb@sbcglobal.net](mailto:dbsahumb@sbcglobal.net).

**Health Insurance and Advocacy Program (HICAP)** provides objective information, help, and advocacy for people relying on Medicare. Info and appointments: 444-3000.

**Healthy Kids Humboldt Enrollment Headquarters** offers health care insurance by assisting with Medi-Cal, Healthy Families, and Cal Kids applications for children. 517 3rd Street, Eureka. 442.6066.

**Humboldt Community Switchboard** can direct anyone to services in Humboldt County. Info: 441-1001 or [www.theswitchboard.org](http://www.theswitchboard.org).

**Humboldt Domestic Violence Services Support Groups;** all services are free. Info & child care: 444-9255. 24-Hour Crisis Line: 443-6042 or toll free 866-668-6543.

**Humboldt Literacy Project,** to improve adult reading skills necessary to function on the job, in the family, & in the community. Free & confidential. Info: 445-3655 or [www.humlit.org](http://www.humlit.org).

**Nature-Based Spiritual Queers (GLBT)** pagan, Native American traditions, etc. Newcomers welcome. phone 269-7044.

**North Coast Rape Crisis Team;** 24 hour crisis line: 445-2881. Business phone: 443-2737.

**Ongoing: Drop-in Grief Support Groups.** Hospice offers free, drop-in grief support groups in Arcata, Eureka, Fortuna and McKinleyville. These groups are open to anyone in the community experiencing grief and loss of a loved one. Info and schedules: 445-8443.

**Ongoing: Volunteer Center of the Redwoods (VCOR):** The Drop of a Hat Brigade connects volunteers of all ages with one time and short-term events. RSVP provides benefits such as limited mileage reimbursement for volunteers ages 55 and older. Info on these and other volunteer opportunities: 442-3711 or [www.a1aa.org/VCOR/](http://www.a1aa.org/VCOR/).

**The Area 1 Agency on Aging** sponsors many senior programs. Info: 442-9591 or [www.a1aa.org](http://www.a1aa.org).

**The Emma Center** Advocacy, support, referral services, library, and classes for trauma and abuse survivors. 920 Samoa Blvd. Suite 207, Arcata. Info: 825-6680 or [info@emmacenter.org](mailto:info@emmacenter.org) or [www.emmacenter.org](http://www.emmacenter.org).

**Vision Loss Services;** Lighthouse of the North Coast, solutions for living with vision loss. Info: 268-5646 or [www.lighthouse-sf.org](http://www.lighthouse-sf.org).